

Limestone Light

Limestone Community High School

Bartonville, IL 61607

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January 30, 2004

Local teen provides warmth to community

By Megan Wendland

Have you ever had an idea of how to change the lives of others, but never had the initiative to put it into action? Senior Brice Turner has turned his idea into a reality. He has created programs to provide warmth and spiritual encouragement to those in need. The programs, Sole Food and Finger Food, have reminded many people that it only takes one person's dream to make a difference in the community.

It all began last year when Turner decided that he should use what his parents, a Peoria police officer and a nurse at Saint Francis Hospital, have been telling him about to change the lives of people they have encountered throughout Peoria. His dad has told him stories for years about people they see on the street that are wandering around without protection from the cold. His mom has also told him awful stories about people who go to the emergency room just to feel warmth. "I thought I needed to take this awareness a step further, so I developed Sole Food," said Turner.

Sole Food was a program developed to collect socks for the less fortunate. To promote the program, Turner went to great lengths. He designed and distributed a flier to the community.

He also put an ad in the *Limestone Independent News*, giving out his address and phone number for people to send new socks or call him to go and pick them up. Turner was interviewed by CNN Local News as well.

The program Sole Food ran from the beginning of November 2002 to the end of January 2003. In the end, Sole Food was a complete success. Turner had collected 850 pairs of socks for the unfortunate people in the community. He delivered them to the Salvation Army and was made Hometown Hero for his

all of the same ideas, but this time he wanted to collect gloves for the needy. The program is currently in motion. "It's amazing how you can start with nothing and come up with a lot by taking initiative," said Turner.

Turner has contributed a lot of time and effort to the cause. He isn't sure exactly

reasoning for the poem was so that the gloves provided nourishment not only to the hands but also to the souls.

Many donations have been monetary, and with the money, Turner purchases the gloves.

Turner hopes to collect at least another 100 pairs of gloves before he makes a second donation. Finger Food, which began in early November, will conclude in the end of February. At the conclusion of his Finger Food program, he hopes to have collected at least 250 new pairs of gloves to provide to the Salvation Army.

Because Turner is a senior this year, he says he probably will not have the time to continue his program. However, he said that maybe his younger brother, freshman Alex Turner, would probably do something with it.

Brice Turner's story should show us all how important it is to take into consideration how other people live. We should all realize that we can make a difference. It just takes a little initiative and a lot of determination, and we can succeed at anything.

If you are interested in donating gloves to the cause, you can send a monetary donation or gloves to Turner's address or call for him to pick them up. You can contact Brice Turner at:
7722 Brandon Ct.
Mapleton, IL 61547
or (309) 633-9636.



"It's amazing how you can start with nothing and come up with a lot by taking initiative,"
~Senior Brice Turner

contributions. The Salvation Army then invited him back to give an invocation at a meeting. "It gave me the gratification of helping others and serving the community," said Turner.

This year, he wanted to extend the program by creating Finger Food. He had

how much time he has spent. "It's been off and on with people calling and me running to get more gloves," he commented.

So far this year, he has turned in a little over 100 pairs of gloves, complete with a copy of the Lord's Prayer attached to them. Turner's

**& up
coming**

February 2004

February 6
Pack the Place Night- Girl's Basketball (5:30 & 7:00)
February 7
IHSA Speech Regionals
Mid-Illini JV Scholastic Bowl
IHSA Wrestling Regional
February 8
Teeter-Totter-A-Thon
February 13
End of 4th Six Weeks
IHSA Wrestling Sectionals
February 14
IHSA Speech Sectionals
IHSA Wrestling Sectionals
February 15
Winter Band Concert-Auditorium (2:00 p.m.)
February 16
No School
Mid-Illini Choral Festival-Auditorium (7:00 p.m.)
February 17
IHSA Girls Basketball Regional
February 18
Band/choir-grade schools
February 19
Easter Seals Assembly(4th hr)
IHSA girls basketball Regional
February 20
Kiwanis/Key Club Chili Supper-cafeteria (4:30p.m.)
February 21
IHSA Speech- State
IHSA Wrestling- State
February 22
Fashion Show Rehearsal
February 23
Easter Seals Week
Preview Night-Cafeteria (7:00)
IHSA girls basketball sectional
February 24
ICC Academic Placement test
Fashion Show Rehearsal
IHSA girls basketball sectional
February 25
Band/choir-grade schools
Fashion Show (7:00 p.m.)
February 26
Early dismissal (1:45 p.m.)
Food Fair
Parent/Teacher conferences (4:00-8:00 p.m.)
February 27
No School
Parent/Teacher conferences (10:00-1:00 p.m.)
February 28
Vice Versa-Gymnasium (8:00-11:00 p.m.)

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One Side, Red-A local Band with a familiar face.

Limestone's female wrestlers

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Losing a loved one Learning to cope with death

Losing someone you love is probably one of the hardest things that could happen to you. The emotions alone can be overwhelming. After the death of a loved one, it takes only the slightest memory of him/her to bring tears to your eyes. It is okay to let these tears fall because it lets others share your pain and grieve with you, which is much better than grieving by yourself.

A person should never keep their emotions bottled up inside themselves - it's dangerous! If you keep everything to yourself, your feelings are liable to explode at the wrong time and on the wrong people. It's

okay to feel mad, sad, angry, or hurt. These feelings are normal. But



By Danielle Richmond

YOUR FAULT. If anybody tells you that it is, don't listen to them. Just turn around and walk away. If you blame yourself, you are

only making yourself feel worse, and that's a bad thing to do.

When someone you love dies, it is okay for you to grieve for them. People will understand. It is expected for you to miss that person a lot, and that you will feel much pain on the days following your loss. Therefore, if you need to spend a few days recovering from your loss by yourself, other people will be able to sympathize with this and give you the space you need. However, do not spend too much time recovering, or others may think that you are being unreasonable. Even though your loved one's life has ended, yours has not, so get out there and make the most of your life. Don't waste it by sitting around and wishing.

So get out there and make the most of your life. Don't waste it by sitting around and wishing. Take chances and risks, make the right decisions without repeating your previous failures, and live life to the best or what works best for you.

I often wonder why people make the same decisions over and over expecting different outcomes? It's like if you mix oil and water over and over again hoping they mix even though experience tells you it won't. So why do we continue to hurt others? Why do we still act the same way although we always get into trouble for acting that way?

Life is suppose to have meaning, and we only have one life to live, so why do we waste it making the same wrong decisions, not putting our foot down, and losing time to do better and bigger things?

I agree that without mistakes we'd never learn, but you'll hear people complaining about the same things over and over and over; it gets pretty annoying.

Some people have no idea how hard it is to tell your friend to forget telling you

yourself screaming at the T.V. because it's the wrong one. But that's the way life anywhere is.

It's [life] like a big soap opera. All the time, everywhere around us, I see people making the wrong decisions, and I just want to scream at them and tell them it's the wrong one! Although some people make a choice for what they think is best, such as pushing a person away so they don't



By Mallory Fawcett

get hurt, the choice really is the wrong one because it hurts them more than it helps.

When people might have asked if you should take a chance, my opinion is that you probably should, otherwise you'll live your life not knowing and keep

Take a risk; learn from mistakes

To try or not to try... that is the decision. You snooze you lose, as the old saying goes, and it's quite true too. You sleep most of your life away and the time that you are awake you have many decisions to make. Everything from when to exercise to how much time you should spend on studying for the big biology test tomorrow is a decision that has to be made even if we don't recognize it as a decision that can affect us for the rest of our lives.

You have absorbed everything around you from the time you were small and sometimes you learn new ways to take shortcuts, but the easy way out isn't always the best way we learn to cope with it and accept the little annoying things. By weighing the effects and consequences of a decision, we can manage to pick the easiest or the best way to accomplish whatever it is we're trying to accomplish.

Some people, such as myself, watch soap operas (my personal favorite is General Hospital, awesome! on at 2 pm) and as you watch the decisions the actors make, you find

Opinion Poll

What is your favorite winter activity and why?



"Snowball fights so that I can hurt people without using my fists."

-Freshman Darrell Dunigan

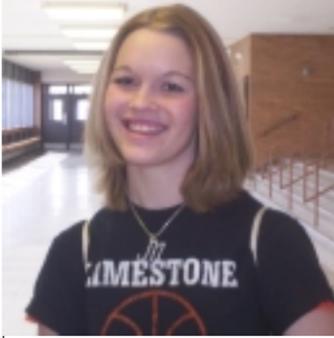
"Snowball, to see a lot of chicks."

-Freshman Robert Gritton



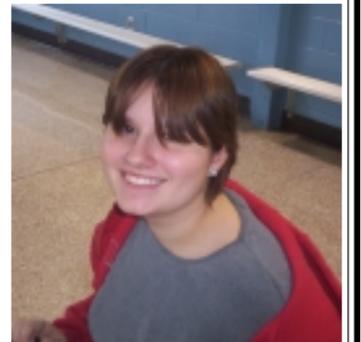
"I love to hibernate at Megan's house because it's too cold outside."

-Sophomore Mallory Sanders



"Video games because it's too cold to hang out outside!"

-Freshman Danielle McCaffrey



"Down-hill skiing- especially in Colorado with fresh-falling snow. I love the beautiful scenery and the adrenaline rush of going down a mountain."

-Guidance Counselor Suzanne Minor



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Finding a job made easy

Tips to help students get the job they want

By Casey Verkler

Many of you are getting ready or may have already applied for employment. Whether you want to be a cashier at Kroger or a retail salesman at the mall, you must first overcome the process of applying. Many employers request for you to fill out an application of employment. They require this for conformity reasons and to get a brief overview of what you may have to offer that would be beneficial to the company. Being the daughter of a small business owner, I have heard about the process of hiring employees and have discovered many things that you should or shouldn't do when filling out an application, writing a resume, or attending an interview.

When filling out an application...

- **Be Neat!** Print or write clearly. This will ensure that your application can be read easily. No employer wants to see "chicken scratch" on an application. Use a reliable black or blue pen. Erasable pens work great! Never use a pencil on an application.
- **Be Careful!** Be sure to follow directions on the application. If your application is filled out carefully and efficiently, an employer will probably think that you may be as careful on the job. Instead of being marked down a letter grade in school for not following instructions, you may get a zero on the application.
- **Be Correct!** Keep an eye out for spelling, grammar, and punctuation errors. Incorrectly spelled words are a caution light for potential employers.
- **Be Certain!** Before you begin to fill out the application, take a brief look at what you are getting yourself into.

After completing the form, read it again to ensure that you have filled out everything.

- **Be Prepared!** On an application, you may be asked when you can begin work. If you are currently unemployed, you may write something similar to, "As needed," or "As soon as possible."

However, if you are already employed, it is best to allow time for an adequate notice to your current employer. This behavior reflects professionalism and respect on your part. Leaving your current employer without adequate notice may make your potential employer concerned that you may do the same thing to them.

- **Be Complete!**

Never leave an item blank. If for some reason it doesn't apply to you, simply write, "N/A," or "non-applicable" in the blank. Leaving blank spaces looks not only unprofessional but unprepared. If you've had no formal work history, don't panic. There are over a million people out there looking for their first job too. In the work history section of the application, list any volunteer, charitable, casual labor, or self-employment jobs you might have had. Anything to show that you know what's expected in a work place is great. If you have a resume, never leave an area blank by stating "see resume." The employer has the application for a reason, and it will only irritate the employer if he has to flip back and forth between your resume and the application. Do your best at filling everything out.

- **Be Thorough!** Describe everything you have to offer. Describe all skills and abilities. You may want to list the kinds of computers, machinery, equipment, and tools you are able to use. Also indicate any licenses or certifications you may have.

- **Be Considerate!** You may be asked to list references. References are people that are not related to you but know you well enough to voice their opinion on your personality, work ethic, and attitude.

.....
 • *Don't write silly little comments on applications. I once saw an application that when asked to list any aliases, the person wrote, "No, but I wish I had one," with a smiley face following. At the sight of that, I could have ripped the application apart.*

You must choose your references carefully. Try to select individuals who have known you for a significant amount of time and know your skills and abilities. Teachers, previous co-workers, and neighbors make great references. After all, they are representing you. Before naming an individual as a reference, discuss it with them beforehand so they will be more prepared if an employer calls.

- **Be Open!** When the application asks what wage or salary you expect, write "Open." If you specify a dollar amount, you may price yourself out of a job if it's too high.

- **Be Professional!** Don't write silly little comments on applications. I once saw an application that when asked to list any aliases, the person wrote, "No, but I wish I

had one," with a smiley face following. At the sight of that, I could have ripped the application apart.

When Writing a Resume...

- **Personal Summary-** Include a brief summary of your personality. Do you have ambition? Are you a fast learner? Are you creative? Look for all of the positive characteristics you feel are necessary for the potential job.

- **Job Objec-**

ive- A job objective clearly states what you have to offer to the employer. It briefly presents any skills, experiences, and accomplishments that you have accomplished in the past.

- **Education and Training-** List all of the relevant education and training that you have had.

- **Work History-** Put all prior job experiences, whether it is volunteer work or organizational. List them in chronological order going from the present job to past employment.

- **What to Omit-** Be sure to leave out detailed descriptions of non-relevant earlier jobs. Try to omit tiresome jargon such as, "interfaced," and "responsibilities included." Don't have overly precise dates. Simply state, "2001-2003," rather than "May 15, 2001-July 2, 2003."

- **Cover Letter-** A cover letter is the page before your resume. When writing a cover letter, it is best to address someone in authority. It is

beneficial to show that you've done your research and you know about their priorities and concerns as a company. Do your best to show enthusiasm and commitment without seeming overly friendly. Try to remain brief and focused. The goal of this letter is to be appropriate but to stand out at the same time.

When Attending an Interview...

- **Two-way Process-** When interviewing, remember that the employer is looking for a good employer.

- **Positive Attitude-** When interviewing, remain confident and composed. The interview is centered on what you know best... yourself! Be completely truthful and try not to be nervous. Try your best to relax.

- **Listen-** Be sure to listen to each question carefully and think before you talk. Before the interview, it is wise to have a general idea as to how you will respond to the question you most fear being asked.

- **Ask questions-** This is one concept that can't be abused, but feel free to ask the employer early in the interview what is expected of their employees. Then, during the rest of the interview, be sure to cater to their needs.

- **Non-Verbal Actions-** Be sure to dress neatly. You don't have to be in a suit coat or a nice dress; just be sure that you look professional. Tennis shoes or showing a lot of skin isn't a good idea. Be sure to greet them with a firm handshake and a smile. Keep direct eye contact throughout the whole interview. Maintain good posture and be sure to spit out any gum or rid yourself of anything that promotes bad hygiene.

Teen Perspective

What is an ideal quality that an employee should have?

"You should have a good attitude!"
- Freshman Megan Burwell

"Leadership is a successful key to life and good business."
- Freshman Jordan Carrethers

"You have to be responsible!"
- Sophomore Donny Myers

"An employee should be prompt, on time, and should be honest because you have to be able to trust your employees."
- Sophomore Matt Williams

"Dedication because they've got to love what they do."
- Sophomore Jimmy Dutlinger

"Integrity. It's very important in building life skills."
- Freshman Taylor Vermillion

"You have to be really polite."
- Junior Amber Rowell

Personal Information

First Name: _____
 Middle Name: _____
 Last Name: _____
 Social Security Number: _____

Street Address: _____
 City: _____ State: _____ Zip: _____ County: _____

Home Phone: _____
 Business Phone: _____

Have you ever applied for employment with us?
 Yes: _____ No: _____ If yes, when?: _____

Position Desired

Title: _____
 Desired Salary: \$ _____

Work Eligibility

Are you eligible to work in the United States? Yes: _____ No: _____
 Are you available to work holidays? Yes: _____ No: _____

When will you be available to begin work? ____/____/____ (Month/Year)

Are you 17 or older? Yes: _____ No: _____

Have you been convicted of a felony within the last five years? Yes: _____ No: _____
 If yes, please explain: _____

Have you been convicted of, pleaded guilty to, or pleaded no contest to an act of dishonesty or breach of trust or moral turpitude, such as misdemeanor petty theft, burglary, fraud, and other related crimes within the last 5 years?

If yes, please explain: _____

Do you have other special training or skills (additional spoken or written languages, computer software knowledge, machine operation experience, etc.)?

How did you hear of our organization?

Availability

Days Available
 Sun. ____ Mon. ____ Tues. ____ Wed. ____ Th. ____ Fri. ____ Sat. ____
 Total Hours Available: _____ Hours Available: from _____ to _____

Education

High School: _____ City: _____ State: _____
 College: _____ City: _____ State: _____
 Course of Study: _____ # of Years Completed: _____
 Did You Graduate? Yes: _____ No: _____ Degree: _____

Employment History

Please give accurate and complete full-time employment record. Start with present or most recent employer. Include military experience if applicable.

Position #1
 Company Name: _____ City: _____ State: _____
 Company Phone Number: _____
 Job Title: _____
 Name of Supervisor: _____
 Employed (Month and Year) From: _____ To: _____
 Weekly Pay: _____
 Describe your work: _____

May we contact this employer? Yes: _____ No: _____
 If not, why not? _____
 Reason for leaving: _____

I understand it is unlawful to require or administer a lie detector test as a condition of employment or continued employment. An employer who violates this law shall be subject to criminal and/or civil liabilities.

Signature: _____ Date: _____
 Printed Name: _____



Fill out the sample application. When you are finished, show the application to your teacher or a trusted friend. Were they impressed with your neatness, accuracy, and appeal? If possible, obtain applications from other companies (your mentor may be able to assist you) and practice filling them out.

When completing the work history portion of an application or resume...



Avoid using words such as:



- * Fired
- * Quit
- * Personality conflict
- * Scheduling problems
- * Dissatisfied
- * Terminated
- * Did not work out
- * Arrested
- * Fight



Strive to use words such as:

- * Mutual agreement
- * Relocation
- * Resigned
- * Seasonal employment
- * Temporary employment
- * Career growth/change
- * Business closed

Up Close and Personal

featuring Abby Sandborg

Speech continued
from page 3

By Tara Turner

If you were to ask people in Bartonville if they have been out of the state, a number of them would probably say no. If you asked Abby Sandborg, she would tell you she has not only been out of the state, she has been and lived out of the country. She lived in England from her seventh grade year to this past summer.

Harrington is where Sandborg called home for four years. The small town is about 50 miles north of London. "It is a small village in a deep valley with the river Welland flowing through it. We even had a viaduct, the longest one in England."

Sandborg's father works for Caterpillar, hence the reason for the move. He was transferred to take over Cat's recent purchase of Perkins. The whole family decided to hop the pond with him.

Her parents have adjusted well to the move. They like it

so much that they are still there. "My mom loves the country and the accessibility to all of Europe. My dad doesn't mind either way."

Sandborg's youngest sister is having the time of her life in the UK. She has even picked up an English accent. Her other sister's adjustment has not gone as well as the rest of her family. Allison, 14, is now taking a two year exam course and wants to come back to the United States.

Sandborg started attending an all girls' private school. The boys' school was across town, so they were not completely cut off from the opposite sex. The private school included a head

mistress and a head of years 11-18 as guidance.

School was much more complicated as well. She studied eleven subjects, with a final exam for each at the end of the year. The students could not talk often and could not wear make-up or jewelry.

"They really enforce that," emphasized Sandborg.

At her school in England, Sandborg had to study math, physical education, religion, history, art, chemistry, biology, physics, French, German, and English. Her favorite subjects were history and the sciences. This was not the case with other students, which may have attributed to her not fitting in

at first, though other problems existed.

As for Sandborg fitting in, she said, "It was hard at first." Though Abby did not directly offend her new classmates, they still did not welcome her with open arms. "Everyone made fun of my accent at first

.....
"I had to change people's way of seeing me."

~Abby Sandborg

.....
and still did until I left." The English also have stereotypes of Americans, such as that we are loud. "I had to change people's way of seeing me."

Despite having a funny accent, and being loud, they did eventually accept her.

Now back in the United States, Sandborg is glad to be back with old friends and familiar faces. Hopefully, she is here to stay.



Career Corner: Building a career as a contractor

By Kenny Wolf

This month I interviewed two contractors, Terry Iliff of Iliff Construction and LaVerne Tromble of Tromble Realty and Construction. Both women gave me lots of information on contracting as well as their opinion on female builders. It was interesting interviewing two different contractors because I got two different opinions on everything I asked, and it seemed as though there wasn't one thing that the two women saw the same way.

I found out that contracting is a very exciting career, is high paying, and involves a lot of work. Iliff explained it as being ever-changing, never boring. Iliff especially enjoys getting to express her creativity and dealing with all the people during a job.

Tromble enjoys being able to be her own boss and having freedoms, like being able to sleep in everyday and taking off for vacations anytime she wants. I also learned that building a house involves a lot more than swinging a hammer and framing; there are permits, contracts, and licenses that are all required before a house can even be started.

My first question was about how much business there is for contractors during the less

active winter months. I found out that during the off-season, a spouse's income is sometimes essential. According to Iliff, "A two income household is definitely an advantage when one spouse is self-employed." However, Tromble said that a spouse's income can be very beneficial but should never be relied upon.

Iliff told me that sometimes she might go months without a job and there are times that jobs don't make her much money because of poor estimation or the appearance of extra expenses. To solve that problem, Tromble suggests that it is a good idea, once your company is established, to build a house or two for renting so that you will always have a monthly income. That way, a contractor could do without a spouse's income. Iliff said that she made \$10,000 her first build and that the most she has ever made with one homeowner was \$60,000.

This lucrative career does have flaws and risks. Both women agreed that it is very hard work and sometimes, if a job does not go as expected, there is a chance for substantial money loss. Iliff told me that on her worst job she lost \$20,000.

I asked Iliff what she

thought about society's notion that construction should be a man's job. Iliff said that "there are zillions of women in construction. When buyers are shopping for a new house, it is most often the women who make the final decision. Because of this, I believe women make better contractors. We know what women want." Iliff said this with humor in her voice and actually believes that men and women both make great contractors.

Iliff mentioned that a college education is important. "Graduating from college gives you the self-confidence to tackle many things. My college education had nothing to do with construction, I majored in business, but I knew if I could get through college that I could build houses." She also said that experience is also important.

Her philosophy is that the experiences and confidence you gain in college are sometimes more important than the subject matter you learn there.

Both contractors got their experience in similar ways. They were both realtors that fixed up run-down houses and then decided to become contractors.

When I asked her what kind of high school classes or

college programs she would recommend to high school students, the only thing she mentioned was business, even though it doesn't have a lot to do with construction. Iliff thinks that anyone can swing a hammer or cut a tile but learning to manage your own business is important.

After her college education and a few years of getting some experience under her belt, Iliff began the licensing process. Iliff explained step by step how she got her license: "Filled out application to take state test. Showed five years experience on application. Studied for test. Took test. Passed test. Paid money for contractors' license. Got license."

Getting your license can be a lengthy process and a difficult one. "You don't need a license to work for someone else. Getting your own license usually means you are ready to be the boss." Tromble also pointed out, "To open a construction business, you must have a qualifying party, and this party must have the proper license. You could expect to become someone else's qualifying party."

Once you have your license and think that you are ready for your first client, you have to consider the matter of money. Getting money right

Mrs. Amy George could predict what a good start they had. They took third place overall at their first two tournaments. The team hit a rough spot at the Normal Community competition on November 15 but managed to walk away with an overall fourth.

Determined to turn their mistakes into a learning experience, the speech team came out swinging at ICC and brought home an over all second; however, the next two tournaments held some of the toughest competition they had faced yet.

Some team members managed to break into the finals, but the team was unable to place at either of them. That was soon nothing more than a piece of the past as they received another second at Richwoods on January 10.

Over all the speech team has had a really remarkable year and now set their eyes on going to the State competition in February.

after starting a business can be tough. "A starting contractor has to have credit power. The bank will not loan money for a construction project to someone who doesn't have the means to pay back the loan. You may have to take on a partner or investor to get started." Iliff suggested finding a partner or investor for financial backing. In her case, she got her first loan because she was married to a husband with a stable income.

Once your business kicks off and you finish a few houses with the aid of the bank, additional loans aren't necessary. After you make your first \$30,000, you may not need any bank help. You will have enough money to start the next project yourself.

By talking with Iliff and Tromble, I realized that contracting can be very hard, but very rewarding financially as well as emotionally, "I get a lot of pleasure out of my job. I like the creative parts like drawing the plans and bringing all the materials together. I enjoy working with people, the homeowners, the subcontractors and suppliers. There is something new to do everyday so I never get bored," said Iliff.

Writer's Block

Featuring Nassara Sloan



Senior Nassara Sloan is no stranger to writing. She says she has been writing "since [she] could lift a pen." She is inspired by her father, her friends, and by the ordinary, everyday occurrences in the life of a teenager. "Me in the Mirror" was inspired by a need to make people understand why she is who she is.

"Me in the Mirror"

This poem's about me.
I look in the mirror and this is what I see.
What I see, it pleases me, no one else.
I do it for myself.

I am loud, yes, I know.
A little annoying, this too is so.
But what I do, I do it for myself
With help from no one else.

I look into a shiny mural
Of everything I am; urban and rural.
So I see myself as who I am to be
And not what people want me to see.

I am my own person; I hope you understand.
I don't HAVE to obtain friends, looks, or a
man.

I do what I can to please my own
To look in a mirror and see only in age, I've
grown.



By AJ Lund

The roar of the crowd. The energy of the performers. The cash from admissions. Hundreds of fans yelling your lyrics. Does this sound like a dream come true? It has for senior Dane Marcussen, drummer for the band One Side, Red.

The band, comprised of Marcussen, vocals from ICC freshman Ryan Dickerson, guitar and vocals from ICC sophomore Chad Day, and the bass skills of Notre Dame junior Alex Lasher, plays regularly at the Cyber Cafe on Willow Knolls Road. Their next gig is on January 30 at the Cyber Cafe. Additionally, local outfits Geisert 8 Band and Air Fair will play, along with Iowan rockers Echo 3. The show starts at 7 p.m. and admission is only \$5. They've also created demo discs, which will be on sale at the concert.

The band lists influences such as David Bowie, Neil Young, Mars Volta, Minor Threat, Operation Ivy, Rancid,

In the Spotlight with Dane Marcussen

NOFX, and Pink Floyd, in addition to AFI. "We are strongly influenced by any and all of AFI's albums. Our vocals and drums sound a lot like them. Chad is a pop-punker, so we get some really good guitar lines from there, and Alex is just a hippie who likes pop-punk, so everything kind of draws together to make our sound unique," Marcussen said. Additionally, they cite local groups Declaim and Poison the Well, as well as the Ramones, the Blood Brothers, and Queen.

The band plays different equipment than some bands. Marcussen plays Pearl Drums with Evans heads, Zildjian cymbals, Tama Iron Cobra pedals, and Vater sticks. "I love my pedal," he intoned, "because it allows me to play really fast beats on my bass drum without busting my ankle." Day favors his off-brand Les Paul fake and Ernie Ball strings, backed up with a Crate amp system. Lasher plays a Dean four-string and Ernie Ball strings with a Peavy cabinet. Dickerson simply uses Shure mics to make sure his lyrics get to the fans.

The crowds at One Side, Red's shows seem to love them. Seeing all those people responding to their music is really incredible. Dickerson, the lead vocalist, has so much stage energy that one can only imagine where he gets it all. When the band played in late December, he commented before the gig that he was really tired, yet he still

managed to jump and thrash around during the show, including the firing of suction cup arrows into the crowd. He also tossed out Nerf balls and smashed a guitar covered in One Side, Red's lyrics. People in the crowd immediately made off with the chunks of wood, probably as souvenirs of a solid performance. Marcussen, in addition, was playing so emotively that he broke a chunk off of one of his cymbals. "I was worried for a second, because I saw a chunk missing, and I had no idea where it had gone. I'm just glad it didn't hit my eye," he commented.

Marcussen said, "a word of advice: join a band and write your own music. This gives you another 'family' to share emotion with, the ability to make something unique, and have a ton of fun." One Side, Red has not been signed to a label as of yet, but that doesn't seem to be the goal for now. They have been, and will continue, sending out demo tapes to label people, but for now the band is content with building a fan base to follow them and yell lyrics. "That's the most amazing feeling," Marcussen added. "Seeing people get into our music and hearing them scream."

For more information on One Side, Red, you can visit their webpage at <http://www.onesidered.cjb.net>.

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Musical Cast Posted

Ren McCormack: Brian Beach
Ethel McCormack: Tara Turner
Shaw Moore: Brandon Chandler
Vi Moore: Jennifer Griffin
Ariel Moore: Courtney Lowe
Rusty: Kiley Moore
Urleen: Nichole Waag
Wendy Jo: Lisa Faulkner
Willard Hewitt: Shane McSimov
Jeter: Wes McKinney
Bickle: AJ Lund
Garvin: Alex Motsinger
Chuck Cranston: Jimmy Pennell
Lyle: Zach Stein
Lyle's girlfriend: Laini Scofield

Travis: Wes Urish
Travis's girlfriend: Skyler Noe
Lulu Warnicker: Sara Swanson
Coach Roger Dunbar: Zach Stein
Eleanor Dunbar: Kelly Kookan
Irene: Stephanie Taylor
A cop: Randon Swearingen
Betty Blast: Colleen Swanson
Principal: Leslie Bazhenow
Cowboy Bob: Matt Sage

Adult Chorus: Jason Brown, Amy Dunham, Darrel Dunigan, Lisa Gillespie, Jamie Guyon, Sarah Hanlon, Anthony Heskett, Kyle Hovey, Kelly Kookan, Megan Larke,

Tricia Lofthouse, Kayla Miller, Amanda Parks, Alyssa Ricca, Colleen Swanson, Sara Swanson, Stephanie Taylor, Jerry Turpin

Teen Chorus: Emily Ayers, Leslie Bazhenow, Allyce Cheatham, Brittany Christensen, Christine Grosse, Anne Hein, Kallie Huff, Nick Jacobs, Shayanna Jacobs, Stefani Koepfel, Jenna McElfresh, Caitlyn Moore, Debra Kay Ogden, Amber Post, Mallory Sanders, Jenni Schenck, Laini Scofield, Monica Siebenthal, Jenny Sprowls, Sara Vermillion, Kiley Watson, Megan Wendland, Jessi Weynand

Sport Shorts

LCCHS wrestlers pulling weight at tourneys

By Aaron Smith

The wrestling team has been wrestling hard this year, and many awards are coming from their hard work. Junior David Lattamore has won 1st place at both the Lincoln and Urbana wrestling tournaments at the 130 pound weight class and has a record of 18 wins and 1 loss. Also winning tournaments this year at the 103 pound weight class is sophomore Matt Cooper. Cooper placed 1st at the Metamora meet, 2nd at the Urbana meet, and 3rd at the Lincoln wrestling tournament.

Senior Ryan James has also placed at the tournaments that the wrestling team has been to this season at the 160 pound weight class. He placed 2nd at Urbana, and 3rd at both the Lincoln and the Metamora wrestling tournaments.

Senior Nick Swanson placed 4th at the Urbana wrestling tournament at the 119 pound weight class and senior Ryan Lucas, the Rockets 152 pounder, placed 2nd at both the Urbana and the Lincoln tournaments.

Senior Steve Catalan won 3rd at the Metamora wrestling tournament at 135pounds.

The wrestling team has been doing a great job this year, placing 7th as a team at the Urbana wrestling tournament.

Limestone's first female wrestlers succeed

Stephanie Redmon



Rachael Barlow



By Aaron Smith

Juniors Stephanie Redmon and Rachael Barlow are not new faces to some of Limestone's athletic teams. They have both been participating in volleyball and softball since their freshman year, but they are new to the wrestling team.

Redmon and Barlow are Limestone's first girls to be on the wrestling team, and they are two of the three girls who wrestle in the Mid-Illini conference.

Both of them took an interest in wrestling their freshman and sophomore year. Prior to this season, Redmon had been to quite a few wrestling meets. She took a sudden interest in the dedication and the discipline that the guys had learned from wrestling. "It made me have a lot of respect for them," said Redmon. Barlow got interested in wrestling from her older brother who was a former four year wrestler here at Limestone.

The one thing that kept both of them from going out for wrestling the past two years is being the only girl on the team. But as the new season came, Redmon and Barlow finally decided to go out for the team.

One reason why Redmon decided to join the team this year is because she wanted to get into better shape for the upcoming softball season. Barlow decided to go out for a different reason. Barlow's reason was just because she liked the sport, but now she's glad she went out because she loves everything about wrestling.

Wrestling is an entirely different environment from the other sports that they both play. Redmon said wrestling is different because everyone gets along. "There isn't as much fighting as in the other sports. It's a family. Everyone looks out for one another." Barlow commented that "all though wrestling is thought to be a man's sport, it's not. It's everybody's."

When asked how it feels to be a girl in a male dominated sport, Redmon responded by saying, "It felt awkward at first, but now that the season is further along, it doesn't seem so awkward anymore." Barlow said, "The guys are really helpful now, but it took them a while to warm up to us on the wrestling team."

This year, Redmon and Barlow found out the reality of being treated differently because they are both girls on a team full of guys. But now, they are both treated like one of the guys. Redmon said, "The team treats me like a girl but also as a member of the team. I am not singled out."

However, the girls do have to do a few things differently than the guys when it comes to equipment. They both have to wear a hair net to avoid their hair being pulled out and scattered all over the mat. They also have to wear a shirt under their singlet and change in a different locker room. At wrestling meets, a women weighs them in after all the boys have been weighed in.

When you are a female in a sport dominated by males,

there always happens to be a few people who disagree with your decision to join the team. Girls on the wrestling team has always been a controversial topic because in wrestling, there are many moves that involve extreme bodily contact. Redmon said, "My dad didn't even want me to wrestle at all." But the rest of her family and her friends are very supportive of her wrestling. Barlow said that her family is very supportive of her decision, and it helps to have her best friend [Redmon] on the team with her.

Wrestling is a sport that takes a lot of hard work and dedication. It is not just hard physically, but it's even harder mentally. You can't just go home and eat whatever you want because you have to watch your weight. "Wrestling is harder than I expected," said Redmon.

Barlow, on the other hand, knew what to expect, "Wrestling is exactly what I thought it was going to be, hard." However, Barlow said that one of the reasons she likes to wrestle is because she likes the fact that she's losing weight and getting in shape. Redmon feels that the workout is great and it teaches her a lot of discipline.

Redmon and Barlow both plan to join the wrestling team again next year and hope to win a few matches. Wrestling is a tough sport, and these two girls have done something that no other girls have ever done here at Limestone.

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