

Up & Coming
January 2007

1-7
- Winter Break
5
Holiday Embrace
3
Resume
Up/Gown Meeting
)
9-12
Auditions - Room
(m - 8:00 pm)
13
v. at ICC - TBA
15
- Martin Luther
ting. - Board of
room (7:00 pm)
16
Meeting - Room
(m)
17
Up/Gown Make-
- Auditorium
(Lunch hours)
18
Aid Meeting -
(pm)
20
v. at Eureka -
22
ster Meeting -
(00 pm)
23
Bowl at Peoria
ue - TBA
24
ow - Auditorium
ration in
s
25
ration in
s
26
Bad Movie Night
ar (5:00 pm -
27
v. at Lincoln -
30
Education
Board of
room

The chronicles of Child Care



Senior Stephanie Theinert helps preschoolers glue reindeer onto their art project.
Photographs by Jessica DeMoss.

By Jessica DeMoss

Have you seen any toddlers in the hallway lately? No, you are not having flashbacks of your own preschool experience. In fact, you are just witnessing someone else's.

Ms. Beverly McNeeley is in charge of the child care program here at Limestone. This program may be run by a teacher, but the preschool could not function without the juniors and seniors. The class is offered first through third hour, and the preschool children attend on Tuesdays through Thursdays. McNeeley stated that the preschool has been running here at Limestone as long as she can remember.

Sounds like a pretty easy class, right? All you do is just look after the little kids, like your first babysitting job. Well, that is a common

misconception of this class. Actually, a lot of work goes into this class all through the year. The students are assigned into groups and must pick a theme for each week their group is going to teach. Then they have to make up lesson plans to go along with the theme for academics, language arts, art, and circle time.

For example, one of the themes this year was "star". One person in a group had to make up or find four to five worksheets for language that deals with stars, one person had to find the same thing for academic. For circle time, they sang "Twinkle, Twinkle, Little Star". Of course, for the art project, there were star shapes cut out of construction paper, and the children put glitter and glue on the star for decorations.

It still may seem easy, but there are even book assignments due, along with projects. Everything seems worth it, though, when you are able to work with the kids. Just ask senior Monica Berry. She thinks the hardest part of the class is, "saying goodbye to all their happy faces every day."

The child care students claim that there are many differences between this class and any other academic class. Senior Caitlyn Pennington explained, "You get to run the class yourself. You are always up and doing something in the classroom, whether it is keeping the kids in line, working on your own lesson plans, or teaching."

Senior Amber Gaede said that the hardest part of the class is making lesson

plans, while Penn believes that it is the easiest part. Everyone has their own struggles in this class. Whether what the best part of the class was, senior Sandborg exclaimed, "art! I love coming to school and doing fun things for the kids."

All in all, the students really seem to love the class. Senior Amanda Stuart considers this class a rewarding experience. She wants to teach preschool when I get older and help prepare me for the future, she explained. Whether of the students' side, Stuart's goal, they put in the time and effort in the class, and the parents enjoy all of the attention they receive from their teenagers.

ally think about it. Christmas presents have wrapped presents have done opposite. I have a birthday, technically Eve birthday, and the longest time I never should I care when overflow of presents? I care when every tion my birthdate I thought of "ooh's" and m the people who holidays are the best? ave plenty of funny es that have oincidentally, on my ust last year my birthday party had our intermission. I catch your legs and

they were all Christmas shopping.

Why should I care when I get an overflow of presents?

How about all the times I received my Christmas card from a distant relative before my birthday card? Then there is the birthday cake that wished my entire family a "Merry Christmas" in bright red icing.

For those dying to know, I am not sure if I get fewer birthday or Christmas presents than the norm. I would not know—I spend too

Christmas presents I feel like I am getting more.

To tell the truth though, the time of year carries too much stress to allow my family or myself to invite friends over for cake. There is always the option of celebrating my birthday in the summer. It brings a whole new meaning to "Christmas in July."

Sometimes having a Christmas birthday does bother me. That does not make me immune to the corny Christmas music, and I love the family's enthusiasm for the holiday. My only request to Santa:

Sometimes having a Christmas birthday does bother me.

I may not be the only person with a birthday close to Christmas who notices these small coincidences. Any person, with their birthday in December or early January might be eligible for complaining rights. Just read the following list, and if you realize that any of the statements are true, than you have a Christmas birthday.

4. Your birthday p intermission for caroling, or spont sledding.
3. Your family ha once, attempted to Birthday" to the t "Jingle Bells" a miserably.
2. Your birthday p wrapped in wrapping, placed under the Christ subject to turn int are bad.
1. Last but not lea dubbed "the early present" at birth.

the editor's desk:

The perfect pant size

Subbard

how many people en it comes to of beauty, most of will be similar. If girl what she ractive on a guy, responses will be: muscular, blond hair es. If you were to what they find a girl, they will y: skinny, tan, well d of course blond e eyes.

ing that there are ferent people, yet e this same idea of is. This makes stop and think decides what is d what is not. It e only opinions pays any attention nes shown on d in magazines: with the "perfect

n that you see on magazines are not Many have an der or have been er with the click of a computer , young girls across try to shape and

mold themselves to fit this image. The men you see on MTV and on the front covers of all the sport magazines seem to have the "perfect" muscle tones and get all the hottest stars in Hollywood. Yet, even though it is well known many of these stars do steroids, young men overwork themselves to get the "perfect" body.

The women that you see on T.V. and in magazines are not all realistic.

These images really do affect how young people look at each other. They lead to kids picking on each other because they do not look "the part." This teasing almost always leads to low self-esteem. This low self-esteem often leads to eating disorders in both guys and girls. Yes, even guys can develop eating disorders.

There are other situations that cause people to think that they need to loose weight too. Guys who are in wrestling often crash diet to

avoid having to go up a weight class. Some wres-tlers take their diets to the next level by becoming anorexic or bulimic. Girls often become anorexic or bulimic to be smaller for special occasions, like a wedding or prom. Some girls stop eating for more competitive reasons like beauty pageants, gymnastics and dancing, most commonly ballet. Careers such as performers and modeling are also well known to cause both guys and girls to develop eating disorders.

The media is the number one advertiser for what beauty looks like. In today's world where the media is unavoidable, is it really possible for anybody to have their own opinion on what beautiful really is? Is there really any truth in the old saying "beauty is in the eye of the beholder"? In my opinion, there is truth in this saying, no matter who says what a person should look like. You are the only one who can decide your perfect pant size.

What's Worse

Which is worse, walking into an locker in a crowded hallway or tripping over a garbage can in a public place? Why?



"Walking into a locker, because you hurt your pride." Freshman Hillar Harrison

"Tripping over a garbage can, you fall on yourself and you have to get up in front of everybody."

Sophomore Kristin Heath



"Tripping over a garbage can, more embarrassing to see and more embarrassing." Junior Michael Genovese

"Neither, walking up to a hot girl and making a fool of yourself."

Senior Alex Turner



Limelight

The **Limelight** is the student newspaper of Limestone Community High School. It is published monthly by journalism and communications students. The **Limelight** is a member of the Quill and Scroll, National Scholastic Press Association, and Illinois School Scholastic Press Association. Students are responsible for the content of the **Limelight**. Views represented do not necessarily represent, in part or in whole, those of the Limestone Community High School administration or faculty. Editorial policy is determined by the Editorial Board of the **Limelight**, and views expressed in editorials are those of the majority of the editorial board. Columns that carry bylines are the opinion of the author and do not necessarily represent that of the **Limelight**. The paper is distributed free to students and staff. Subscriptions are available by mail anywhere in the US for \$5 per school year.



of the gingerbread house that won first place in Belsly's Food 1 class. Photographs by Alli Wallis.

by Belsly's Foods 1
ated gingerbread
ard the end of this
The students use
ination to build
erpieces. Belsly
orite things about
are the ideas and
hind them. She

Cassidy Mullen said, "The
hardest thing about building
the house is putting up the
walls, making sure you have
all the requirements, and
moving the piece back and
forth." Belsly agreed that the
hardest thing would have to be
the construction.

creations by a
she made for the
follow.
ats used templates
d their creations,
ould not use any
corate the houses.
es sit upon a
base, and they
andy here to add a
ion. The students
o make all the
they use by hand.
ne students whom
o said that the
ng about building
is the actual
on. Sophomore

Belsly is really proud of her
students' accomplishments.
"This project really put them
to the test. Not only did they
have to make the gingerbread
dough, cut the templates, and
construct the houses, but also
display at least five cake
designs on their project," she
explained.

The houses were displayed
in the cafeteria during all
lunch hours on December 13.
Belsly awarded ribbons for
first, second, and third place
to the students with the best
houses on December 12.
Congratulations to all!

Jordan Barnes
Joe Caudill
Katelyn Rupert

2nd Place:
Angel Compton
Marin Garcia
Alex Harrington
Kristin Wikoff

3rd Place:
Shytya Alexander
Tomneisha Armstrong
Shaqueila Atkinson
Jeanette Egan



Up Close & Personal



Name: Tom Campen
Who was your favorite Ninja Turtle?: Michelangelo
How many licks does it take to get to the Tootsie Roll center of a Tootsie Pop?: I don't know. Ask the owl.
What is your favorite scent?: Anything that smells good
What animal would you be?: Llama
How do you eat Oreos?: I chew them. How do you?
What would make you push the Easy Button?: The memory book in Expos class
If you were an emoticon, which would you be?: =P
What song best fits you?: "Yeah Toast" (Bob and Tom) Heywood Banks
What has been your favorite high school event?: Sledding at Dan's house
What is your favorite



Location: Normal, Illinois
Minimum Cumulative GPA: 2.0 for Undergraduate Graduates
Tuition: \$13,843 In-State, \$18,313 Out-of-State
Requirements:

- Four years of English with emphasis on oral communication and literature
- Three years of college preparatory mathematics including Algebra I, geometry, and Algebra II, trigonometry, or higher
- Two years of social studies with emphasis on government
- Two years of laboratory science, selected from biology, chemistry, geology, and physics
- Two years of one foreign language, or two fine arts selected primarily from art, music, and dance
- Two years of electives, including courses in one or more of the categories above (excluding English courses in vocational education and fund-raising computing).

Consideration:

- High school transcript (grade trends and number of courses completed)
- High school class rank and grade point average
- Personal Statement
- ACT/SAT scores (the writing component of SAT is not required for admission)
- In some cases, letters of recommendation

Freshman of 06-07:

- 89 percent ranked in the top half of their class
- 49 percent ranked in the top quarter
- 18 percent ranked in the top 10 percent of their class
- The middle 50 percent of admitted students had ACT composite scores of 22 to 26 and the average GPA was 3.47.

Scholarships: Allstate Minority, Country Insurance Financial Services, DW Simpson Actuarial, Katie Insurance and Financial Services, Orlyn Edge School Actuarial Science, State Farm Scholars, State Farm Scholars
Website: www.ilstu.edu



1971

as
ater of 71, LCHS decided to add three mid-winter
s, apart from the usual Fall and Spring plays. The
roductions were a series of three plays that
about one act each. The plays were directed by
d everyone was aloud to try out for them. The
were "Where Have All the Lightening Bugs
ry and the Angel", and "Letters from Stalingrad."

s
ee to four times a semester, room 150 had the
water that came pouring down into the room from
lab above. This was caused from occasional
s that the school had repeatedly fixed.
ly, one of those times there happened to be a
eaching class. While lecturing in front of the
oor teacher was showered with water.

Cheerleaders
d-State Nine there were six schools with

MEET THE PRO



Elizabeth Kelly



Sydney Gann

Maid Rite

Willow Knolls Dr
615

4700 N University
Peoria IL 61614
692-6300

Reviewed by Lee Cox

A charming little place opened for the first time called Maid Rite. It has been a cozy family and friends to and have a great

through Maid Rite's decor is decorated a restaurant from tastes like a blast t. Instead of using to cook their food, at Maid Rite use ch is scientifically e better for your generous portions, emed almost to e body to eat. The really care to make omers smile and lining enjoyable.

When I went there, everything was decorated for Christmas and looked very festive. Christmas carols were playing all night from the jute box. This place is perfect for children of all ages. When I was younger, I loved to order a kid's meal just to get the old-fashioned cardboard car it came in.

Maid Rite is a great place for a date or family outing. One of their restaurants is just a short walk from Willow Knolls Theater, which makes dinner and a movie conveniently packaged. The food is mouth-watering, and the employees are friendly and incorrigible.

So whether you are there with your family or for a night out with your friends, I suggest you try Maid Rite where the people will treat you right. I recommend the mushrooms.

hour, and everyone knows what that means: leisure reading. Some students will be reading a *Sports Illustrated* or *Cosmo* magazine, while others have their noses stuffed into a fat sci-fi book. Yet for some, they are sitting there, staring around the room with nothing to do. Do you stare around the room with a dumbfounded look on your face because you cannot find a good book to read? If that is the case, I have the answer for you.

I recently read a very engaging "on the edge of your chair" book: *The Only Alien on the Planet* by Kristen D. Randle. I liked this book because it had a little of every genre: mystery, suspense, comedy, romance, and even a sense of reality. When I say a sense of reality, I mean that what happens in this book could, and probably has, happened in life before. When you read a book that relates to reality, it really pulls you in.

Usually when I read a book, and I start to get bored after the first chapter, I normally would not finish the book. With this book, it was a whole other case: in the first chapter I grew

and still be unawar around you with stuffed into one o This is coming fr personal experien

Next time you a leisure reading with in your hand, and open with a droo your chin, rememb I just introduced. will help you spen doing something v

This book was so good that I researched other books written by Mrs. Randle. She has also written *On The Side Of the Angels*, *Breaking Rank*, and *Slumming*. I personally have not read any of these books, but trust me when I say that I will be looking for them soon.

Randle makes you forget about everything around you. Her writing makes reality and fiction join as one. You could be sitting in the lunch room,

and still be unawar around you with stuffed into one o This is coming fr personal experien

Next time you a leisure reading with in your hand, and open with a droo your chin, rememb I just introduced. will help you spen doing something v



SCENE IT?



A Christmas Story

Reviewed by
Elizabeth Kelly

the holiday season depends a lot of time I love seeing not to mention the od, but I dread the my parents decide ve by watching a movie. Sure there of Christmas or ries out there, but mostly old classics, r films aimed at dren. Finally, after boring movies my ked a movie that A Christmas Story ghs and will make iate your family. this, the family in s the definition of

dared to put your tongue against a frozen pole? Would you walk away and be branded a 'fraidy-cat or would you lick the pole knowing your tongue would probably get stuck? These are just a few dilemmas Ralphie and his friends have to go through.

The movie is told by Ralphie, a young boy about ten years old. It is Christmas time and the only thing he wants for Christmas is a red Rider B.B.gun, but his mom is worried that he will shoot his eye out with it. Ralphie, in all his cleverness, leaves subtle hints for his parents that without this gun he is

love with Ralphie and his family.

Young Ralphie lives a fairly normal life. We all have family members who are a little quirky or perhaps we have a pestering little sibling. He just makes the experience ten times funnier because he seems to have all of the family problems not to mention bullies, two bickering best friends, and rude obnoxious neighbors who have about a million dogs.

This is a great movie to watch with your parents because it can relate to both us as kids and them as parents. Do not forget, they were once kids too. *A Christmas Story* is very funny

Christmas Vacation

Reviewed by
Megan Morrison



Tired of the same boring Christmas movies every year? The movie *Christmas Vacation*, featuring Chevy Chase as Clark Griswold, is not one to be called boring. It is definitely a movie full of fun and excitement.

It starts off with the Griswolds getting into the Christmas spirit, or the parents anyway. Their two teenagers, Audrey and Russ, do not seem to admire the spirit too much.

After the Griswold family fines their perfect Christmas tree, they head home to get ready to host a Christmas dinner for their whole family.

25,000 lights. It be quite a fiasco.

Following the m odd brother Eddie in-law, and their t show up unexpected repulsive looking make the evening hectic for the Gris

The Christmas later on was quite will not give awa excitement that h I will say it inclu chasing each other house, and you want to see what p gives Clark for Ch

If you would lik Christmas movi

by Blue Cheek
 listening to what
 the same song over
 Are you sick of
 the same kind of
 want to experience
 little bit different?
 nodding your head
 Blue October's
 album *Foiled* may be
 e looking for.

ber was formed in
 exas in 1996 and
 f five members:
 enfeld, his brother
 rstenfeld, Ryan
 ye, C.B. Hudson,
 loveskey. In the
 Justin and
 rents managed the
 the name "RoDan

entainment," and they
 released their first album, *The
 Answers*, in 1998. The album
 sold over 5,000 copies in
 Houston alone, and in 1999
 the band was signed to
 Universal Records for the
 release of their next album,
Consent to Treatment.

After the release of *Consent
 to Treatment* in 2000, the band
 released *History for Sale* in
 2003 and then in 2004
 released another album titled
Argue with a Tree. Blue
 October's biggest hit was their
 single on *History for Sale* titled
 "Calling You," and was even
 featured on the *American
 Wedding* movie soundtrack. It
 was their biggest success until

VSpot Top 20 Countdown.
 Track number ten on *Foiled* is
 titled "Drilled a Wire Through
 My Cheek," and it was featured
 on the *Saw III* movie
 soundtrack.

Each track on *Foiled* is
 powerful, with very emotional
 and often disturbing lyrics.
 Each song has a very different
 feel, and unless you have
 listened to the entire album
 once before, you are left
 guessing in the seconds
 between tracks how their next
 song will flow.

I do think that everyone can
 find at least one track on this
 album that they will like. Yet I
 also believe that there may be
 one or more that you will

softer song "Let it Go."

Another characteristic I
 really liked about this album
 was how powerful the lyrics
 really were. Each track was
 like Justin was telling a story
 to you, and while listening to
 his words, he explains to you
 how he feels. While listening
 to "Congratulations," he
 confronts his past love, and
 tries to express to her that he
 still has feelings for her. The
 third track, titled "Into the
 Ocean," is an explanation of
 how he learned to reflect back
 on the people and belongings
 that he has in his life, and how
 he has so much to live for.
 Even the first track, "You Make
 Me Smile," lets you know how

something you l
 enough, try and re
 more. "Into the O
 to say that you s
 back on your li
 people you have in
 yourself that you
 more to live for tha

Overall, I really
 album. My favori
 the album are "Ha
 "Into the Ocean,"
 "Let it Go" and
 Pulling Heaven Do
 weakest. Blue Oct
 original and outsta
 and *Foiled* proves
 looking for someth
 something a little
 incredibly origin
Foiled for yourself

Rocket Man rocks!

Cheek
 missed the 2006
 n Pageant, you
 ut on a great
 e by some talented
 Limestone. The
 f Rocket Man is to
 for prom.

ber 14 at 7:00
 t Man was hosted
 ore class officers
 s, Teddy Delicath,
 ey Langen. Each
 was judged
 in five categories:
 r, Questionnaire,
 ch Wear, and Wild

category, Formal
 with senior Ryane
 contestant was to
 o the stage in their
 al outfit. The
 to walk out after
 sophomore Mike
 following Fleming
 Cal Harmon and
 Swanson. And last
 ast, junior Zach
 me on to the stage.
 was definitely not

illing, but it was a
 start the pageant
 the contestants
 in their black suits
 t Fleming was the
 a tan suit, which
 stand out from his

t opportunity to
 e contestants was
 nnaire, where each
 mpeting in the
 s asked a personal
 The contestants
 same order as they
 al Wear, and each
 ous answer to

sophomore Kristen Williams.
 Williams sang the song "Only
 Hope" while Heien played the
 piano. Williams and Heien did
 an incredible job; everything
 was very clear and well done.

The next battle was Talent.
 Each contestant picked a
 personal talent which they
 believed they had a lot of skill
 in. Flatte went first with a
 dance with glow sticks. Flatte
 performed by tossing,
 throwing, and spinning the
 glow sticks in the air in the
 darkened auditorium. It was
 very creative and definitely the
 coolest in the competition.

Fleming was next and ranted
 about Ditka and "Da Bears."
 He wore an orange hat, striped
 pajama pants and a Bears
 jersey. Harmon was next up
 to perform and said he was
 "going to be amazing." First,
 he pulled out a kids chair and
 tiny doll-sized piano and
 played O'McDonald. After a lot
 of laughter from the crowd, he
 moved away from the piano
 and began juggling.

After Harmon was Swanson,
 and his talent was rap. While
 reading off a piece of paper,
 claiming it would be 'funnier',
 he rapped his song "Boy Ross
 Swanson Better Holler." This
 was the funniest performance
 in Talent, and it clearly got the
 crowd going.

To finish off Talent, Ferguson
 approached the stage with his
 talent 'Mexican Eating.' He
 told the audience that he was
 the best at eating tacos, and
 said he was going to eat tacos
 from Taco Johns in one
 minute. Delicath gave him an

their favorite contestant. The
 winner of People's Choice
 Award receives a \$25 Visa Gift
 Card and a \$25 gift card to
 Buffalo Wild Wings.

When the pageant resumed,
 the contestants were quickly
 reintroduced and then the
 show went into the next
 category, Beach Wear. All the
 contestants did well in this
 category, but it seemed
 Ferguson was the best with the
 scuba and beach ball.

The final battle was Wild
 Card, and each contestant had
 to pull dares out of a Santa
 Hat. Flatte had to clutch his
 ankles walking on the stage
 while clucking like a chicken.
 Fleming had to sing "Don't you
 wish your girlfriend was hot
 like me?" and was humorous
 to listen to. Swanson had to
 rap for twenty seconds word'

blue, but didn't get as many
 laughs as he usually did.
 Ferguson wrapped it up by
 doing an impersonation of
 Pedro from Napoleon Dynamite
 and got a lot of laughs from the
 crowd.

After the competition, a
 performance was done by Val
 Artis and Andrew Buchanan.
 Both Artis and Buchanan did
 an awesome job with the
 dance, and even Sierra Davis
 joined in at the last few
 seconds.

Finally, the announcement of
 the Rocket Man winners took
 place. The People's Choice
 Award winner was Ross
 Swanson. The judge's choice
 of the next Rocket Man was
 announced after a brief pause:
 a tie between Mike Fleming and
 Ross Swanson. To decide who
 would be the official Rocket
 Man, the emcees told both

contestants that e
 to individually sin
 fight song. Who
 sing the most wor
 the next Rocket M
 volunteered to go fi
 managed to si
 sentences. Swans
 to sing the en
 Swanson was th
 Choice Award win
 Rocket Man of 200
 with the tie, Fl
 received a \$25 g
 Buffalo Wild Wing


The pageant wa
 by all five contesta
 two performances
 exciting contes
 Talent and Wild C
 other three
 enjoyable. If you
 for a way to spen
 and you have nev
 Rocket Man pag
 definitely worth t

STUDENT CHECKING


- \$50 to open account
- No minimum balance
- No monthly service charge for first 48 months
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- Available to current high school and college age students

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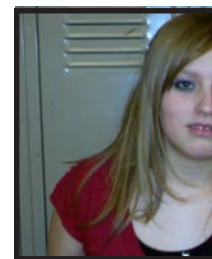
"To go to wrestling school."
- senior Britt Markum



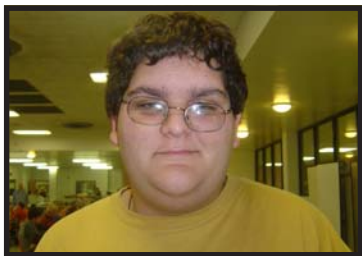
"To have a successful science club."
- junior Mario McCart



"To stay together with my boyfriend."
- sophomore Bree Bruce



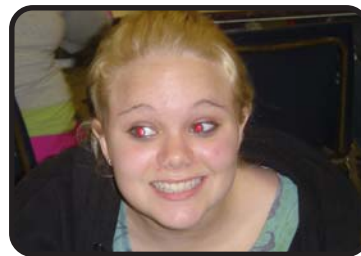
"To lose weight, get better grades in school."
- freshman Howerton



"To be able to deal with annoying people more often."
- senior Seth Lovell



"To pass 10th grade!"
- sophomore Harley Hight



"To do better in school."
- freshman Jade Nussel



"To stop eating chocolate."
- junior Kall Dozard

tips to achieving your goals

create a plan of action.

erse, you need to have a plan of action to accomplish you are going to resolve. Write out the steps you ce each day to bring yourself closer to your goal. the point of this whole thing, right?

create the plan IMMEDIATELY!

procrastinate. Again, what good is trying to achieve a suc- goal on hopes and dreams? Plan for a goal that can be for you long term. Also, make the goal realistic and one that n achieve with a little bit of self-control.

record your resolution and plan of action.

ntly remind yourself of your goal, as well as your plan of action. proven fact that you remember more things when you write own. Write your goals and plans on a dry erase board on ridge or in a notebook that you use daily.

think "long term," not just New Year's.

cannot accomplish a resolution in one day! Just like everything esolutions take practice. Do not get discouraged if your goal onger to achieve than you planned. That is all the more reason o it up!



"To make it to state for football."
-sophomore Kenny Homes



"To get through school."
- junior Sky Beeney-Carr

Top 5 Resolutions

Courtesy of www.pittsburgh.about.com

1) Spend more time with friends and family

Recent polls conducted by General Nutrition C Quicken, and others show that more than fifty Americans vow to appreciate loved ones and sp time with family and friends this year.

2) Tame the bulge

Fifty-five percent of Americans are overweight, surprising to find that weight loss is one of the popular New Year's resolutions. Setting reason and staying focused are the two most importan sticking with a weight loss program, and the ke success for those millions of Americans who m Year's commitment to shed

3) Enjoy life more

Given the hectic, stressful lifestyles of million Americans, it is no wonder that "enjoying life n become a popular resolution in recent years.

4) Help others

right way, Miss
 way's third hour
 ipated in a
 ed "Operation:
 rriors." They
 oxes of supplies
 roops in Iraq in
 ertain's Day. The
 of the boxes were
 graduates Artise
 d Kyle Turner,
 their entire

quires the
 er English 7
 o a public
 hilanthropy
 ertain's Day falls
 class, so their
 n revolves
 Last year, you
 ber their
 n of the
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NEWS NOTES

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And give, they did. Some students spent up to fifty dollars of their own money on supplies for the boxes. The class also accepted donations from Bartonville Bank, who gave one filled box, and Dollar Tree, who gave six filled boxes.

English 7 student Carrie Kniss was excited about doing this project because she is a friend of Torrence's. "I always wanted to help him while he was over there," Kniss said. She went shopping for supplies several different times outside of school. "I felt good, knowing I was helping someone else," added Kniss.

The donated items filled Tinnon's classroom. Her third hour class packed the items on November 6. Participant Nick Moreland claimed packing boxes was his favorite part, saying that the project made him feel "warm and fuzzy."

Inside the boxes, one would find items for both male and female soldiers. Items sent include everything from Frisbees and salty snacks to baby wipes for bathing and plastic bags to keep sand out of their

The class quickly realized they would far surpass their goal of sending a few boxes. With shipping costs of twenty-five dollars or more per box, the class needed more donations, so they turned to the student body.

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**"I felt good, knowing I
 was helping someone
 else."**

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 In the end, the class collected twenty-two boxes and shipped them on November 7. English 7 student Jacole Browder hopes the soldiers will "be very happy and proud that other are thinking of them" upon receiving the boxes.

The troops could have received them as early as November 21, but their delivery was guaranteed by Christmas. With this show of support, it is clear that Limestone really does "Love Our Warriors."

Enrique worked for the U.S. Drug Enforcement Administration (DEA). He went on assignment to Mexico to investigate a drug cartel. There he was tragically murdered by drug traffickers in 1985. In response to his murder, his family and friends wore red ribbons to commemorate him. In honor of Enrique there is Red Ribbon Week.

Red Ribbon Week is part of the effort to encourage a drug-free life for everyone. For Red Ribbon Week this year, the Student Prevention Team decorated the foyer by hanging red ribbons from the ceiling. They also gave teachers their own ribbons to wear and candy.

Snow Flurry was one of the highlights of Red Ribbon Week. It was on October 27 in the auxiliary gym. Seventy-six second and third graders from all the Limestone feeder schools participated in fun,

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When students like Katie Hoefler call St. Ambrose home, they mean it. In fact, with housekeeping services included, our res halls might seem even better than home. A calendar full of activities helps you make lasting friends fast. Plus, our campus is just minutes away from the theaters, restaurants and music venues of the Quad Cities. It all adds up to some of the best college housing in Iowa. An unfair advantage? Maybe. But our students say it feels great.

Join us for a campus visit to find out more about all the Ambrose advantages. Call 800/383-2627 to schedule your appointment.

Welding-sponsored savings bond and be featured in the *Limestone Independent News*.

Snowflake rescheduled

Snow Flake has been rescheduled due to bad weather. Snow Flake will now take place on February 3 from 8a.m. to 5p.m. The activities with Snow Flake will include speaker Carl Cannon, the Army National Guard, White Oaks, Bright Futures, and the Bartonville Police Department. We hope you will attend!

Christmas project with Key Club

Key Club began its annual Christmas project in association with the Salvation Army and the *Journal Star* on December 14. That day, Key Club members drove to the Salvation Army to pick up many bags of toys.

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Brooke Owen does know the hardships. She has a rodeo barrel rider since the age of three. With eleven years of experience under her belt, Owen came with the 2006 Tri-State Rodeo Pee-Wee Barrel championship for her astonishing riding skills. Though this was a remarkable accomplishment for her, she has many other wins



Carthage 2006 IHSRA © PrairieRodeo.com
Brooke Owen barrel races in the 2006 Illinois High School Rodeo Association, Carthage Illinois. Photo by prairierodeo.com

taught Owen everything she knew about riding. Owen has worked hard with her mothers help and is working her way to the top.

Horses are, of course, an essential part of barrel racing. A top of the line horse can cost up to

fifty thousand dollars. Owen and most competitors use an American Quarter horse, but as long as the horse is fast, the breed does not matter. Racers have to bond with their horse in order to do their best. Both the horse and the rider train as much as possible.

Owen is not only a barrel racer, but also a pole bender. Pole bending is another event in a big time rodeo. It is a lot like barrel racing, but poles are used instead of barrels. When pole bending Owen usually races with her pony. Though this sport is just as dangerous as barrel racing, Owen loves to be daring and active.

It is almost impossible to do this sport and not experience some kind of accident or injury. Owen herself has had some injuries, but they have never kept her off the saddle.

Owen has learned to just jump right back into things because quitting will get her nowhere.

"When I was six years old I had just gotten my pony Maisey. She kicked me in the head and I had to get staples to fix the injury. I still to this day have a horse shoe shaped scar on my head," Owen explained. With every injury Owen has learned how to better handle dangerous situations.

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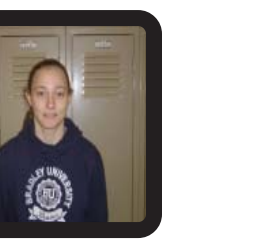
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Owen has learned to jump right back into things because quitting will get her nowhere. For instance, Owen would have never won her pony kicked her. She never would have had a chance to win the title she has. Owen is a time Tri-State Rodeo Pee-Wee Barrel Champion. She is also sitting fifth in the state of Illinois in pole bending. She hopes to qualify for nationals which will be held in Springfield during the summer of 2007. Owen has attended the count

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**With eleven ye
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Garth Brooks sings "Drive a cowboy crazy, drive the man insane, and he'll sell off everything he owns just to pay to play the game. And a broken horse and some broken rider, and he'll have to sell all the years that he's chasin' this dream rodeo." Owens is just like Garth Brooks describes in the song. She loves to ride and will never quit.

letes of the Month



er Cochran
Trent Thomason
What sport do you play? Basketball
What position do you play? forward
How tall are you? 6'4"
What grade are you in? 12th
Do you have a nickname, if so what is it? Thomo
Who is your biggest role model? Why? My brother Tony, because he has always been there for me and pushes me to excel in life.
What is your favorite class? Why? Human Phys, because of Clausen
Do you have any pre-game rituals that you do before every game? If so what? Listen to music in locker room and watch Marius dance
What do you do during the off season to keep in shape? Workout with my big brother
What do you usually do

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and many more dreams she wishes to accomplish.

Barrel racing events involve racing around three barrels that are evenly spaced in a cleared arena. The people are competing against others as well as their own time. They must race around the barrels in a pattern, and the pattern varies on the course, at full speed without knocking them down. If a barrel is knocked down, five seconds, precious seconds to the rider, will be added to their time.

.....
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Most of the barrel riders will say that when they are riding around the barrels, time seems to be longer that it really is. Though they are in the ring for only fifteen seconds, it seems like a lifetime. Although they are not in the ring for very long, a lot of time and effort are put into this demanding backbreaking sport. Owen practices every day, whether it is training her horses, or practicing herself; she is always working hard.

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When asked about the worst injury she had seen, Owen said, "A girl's horse tried to jump the fence and instead of making it, the horse

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ave any major fears
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