

Career Fair exposes students to future jobs

By Limelight Staff

Limestone's career fair brought nearly 30 businesses from more than 20 career fields to the school's auxiliary gym in late March.

Math teacher Mr. Charlie Zimmerman organized the event and said it was successful.

"From talking with several students, they liked the career fair format and they also enjoyed speaking with the different businesses," Mr. Zimmerman said. "The business representatives had nothing but great comments about the students at LCHS. The career fair speakers thoroughly enjoyed participating with the career fair."

Some of the businesses represented included the ICC Business Department, Better Banks, Peoria County Corrections, CEFCU and Excel Foundry.

"The students were able to speak with representatives from a variety of businesses throughout the Peoria area," Mr. Zimmerman said. "Each student had the opportunity to take in a great deal of information during this career fair in a matter of minutes. Students also benefited by finding out the proper course of study to pursue a particular job field."

Other benefits included the

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Students watch a demonstration at Limestone's Career Fair. Photo by Brandon Geuens

LCHS tough on drug policy offenders

By Felicia Gillan, reporter

Drugs continue to be a challenge at Limestone, said Superintendent Mr. Allan Gresham.

The punishment remains strict, he said.

"Drugs are strictly forbidden at school," said Mr. Gresham. "This is a level five infraction in the Student Handbook and results in suspension, police referral, and a discipline hearing with the Board of Education, with an administrative recommendation for expulsion."

Students who are suspected of possessing drugs are interviewed by the deans and given a chance to respond. Sometimes students are asked to empty their pockets and have their lockers searched as well, he said.

As far as deciding if a student is to be expelled from school, that decision is not up to the deans, said Mr. Gresham.

"The Board of Education has the authority and duty to make that decision," said Mr. Gresham. "Neither the deans nor the administration has that authority."

According to www.drugabuse.gov, drug use in high school students has increased by 22.9 percent in seniors

since the 90's.

"I think social medias make it easier, and I think as a society some drugs are more available," said Mr. Gresham.

According to senior Elizabeth Montague, punishments should be strict so students don't bring drugs to school.

"There should not be illegal substances in a school," said Montague.

Senior Emily Winkle said that the policy is good, but it needs to be more visible because not enough students know the whole policy.

"It seems like more and more students are getting suspended and expelled as the year goes on," said Winkle.

Mrs. Jeri Look, a dean at Limestone, said that there have been eight students expelled for drug use at Limestone this year as of March.

"I think two big reasons for drug use are that it is more socially acceptable, and there are more drugs present," said Mrs. Look. "I also think the laws changing to crack down on synthetic drugs like K2 have made marijuana more appealing again."

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ELITE teaches respect

By Adam Mowder, reporter

Please. Thank you. You're welcome.

These words may seem unimportant, but to ELITE students, they're everything.

"They may be small words but they are words that can change your life career-wise," said ELITE graduate Felicia Gillan.

ELITE is a program that helps students prepare themselves for the real world, according to ELITE coordinator Master Sgt. John Waltz.

This session of ELITE began at Limestone on Jan. 23 and will end May 16.

"ELITE is a life-changing experience," said Gillan, a senior at LCHS. "It doesn't change who you are. It enhances you."

Gillan added that ELITE doesn't change a person but rather helps them discover more about themselves.

"It doesn't matter who a person is; there is always something to take away," Gillan said.

All ELITE students must attend a boot camp, volunteer at March Madness, go to a one night retreat and attend a job fair in order to graduate from the program.

According to Master Sgt. Waltz, there were two guest speakers at the retreat. The participants had an inflatable, courtesy of Fun on the Run, and they were taught how to manage the inflatable for March Madness.

"ELITE is a program that teaches students real life job skills along with what it means to respect

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Band performs at Disney

By Samantha Ruzicka, reporter

Limestone's marching band headed to Disney World in Florida to perform during Spring Break.

According to band director, Mr. Andy Empey, the band first went to Disney in April 2009, with the intention of attempting to go every four years.

The trip was not only a chance for the band to perform somewhere interesting but it also "gives us a chance to have it easy for a few days," said junior band member Austin Towns.

On the first week day of spring break, the band plus accompanying chaperones took off by Peoria Charter Coaches and were to be on the road for 24 hours, said Mr. Empey. On Tuesday morning, everyone arrived in Cocoa Beach, Fla., and remained there until Thursday, when they packed up and headed back home.

Back in 2009, after the band arrived and performed, in a moment that began the band's Disney tradition, the band was able to perform at night in the Magic Kingdom parade, said Mr. Em-



The band poses on the beach during Spring Break. Photo courtesy of Mr. Empey

pey.

"I had heard that the last trip was really exciting for everyone, so I couldn't wait to see what it was like when we went," said junior Whitney Houghland before the trip.

The band had to do more than sign up and raise funds for the trip to perform at Disney. They actually went through an audition process. Mr. Empey said that they sent in a video in order to qualify

themselves and were chosen to perform in the parade at the World Showcase in EPCOT. For the parade, they performed a Spanish tune called "Aztec Fire."

As exciting as coming from a place like Illinois and performing in a place like Florida is, band member Melody Piper said she was most excited about "meeting Mickey Mouse and the other characters."

Mr. Empey added that he was excited to see his favorite Disney character—Goofy.

'Grease' a huge hit at LCHS

By Salena Jump, reporter

"Grease" the musical was very phenomenal.

The singing was amazing. I never knew Limestone had that many wonderful singers. People I never knew could sing blew me away. The dancing was also good.

Ms. Briana Nannen, co-director for "Grease," said, "A lot of time and effort to go into each production. We had to get creative with our schedule this year to avoid the snow, and work with the boys' basketball schedule. In the end it all worked out.

"We had more parent involvement this year than any other year, and we were grateful for the additional support. It's always great to see so many people working so hard to achieve a common goal."

"Grease" is about a good girl named Sandy (freshman Sydney Becker) and a greaser named

Danny (senior Derek Newton) who fall in love over the summer. But when school starts they discover they're now in the same high school. Friends and peer pressure get in the way when they try to fall back in love.

Senior Frankie Russick who worked on the set, said, "Painting went pretty well, and of course it was fairly time-consuming. Mrs. Bentley's second and fifth hour classes took care of the painting."

The props were very pretty and very real looking. I know that Mrs. Bentley's second and fifth class did hard work. They did a good job with pulling back the curtains. The people who changed the props were very fast and helped keep the flow of the show going.

Russick said, "We changed props very carefully and we practiced during regular play practice between scenes. If we needed to run it again, we did."

The acting was extremely well done. Co-directors Ms. Nannen and Mr. Zack Binder had their cast well prepared. Every scene seemed polished. Becker even portrayed Sandy

with an Australian accent. The other actors all featured appropriate accents. You could really believe everything that was happening in the musical.

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Mission statement

The mission of Limelight is to provide Limestone Community High School with news that is fair, balanced and accurate.

LCHS takes steps to prevent bullying

By Felicia Gillan, reporter

According to www.makebeatsnotbeatdowns.org, one in five students in American schools have been a victim of bullying.

Bullying comes in many forms, the website said.

There are four main types of bullying that are described on the site: physical, verbal, indirect and cyber bullying.

The website said that cyber bullying is more than what people think it is.

“Cyber bullying includes anything that is carried out by an electronic medium including phones, cameras and computers,” said the site.

Out of all the types of bullying combined, the webpage said that there are approximately 282,000 students being bullied each month in secondary public schools.

According to Mrs. Jeri Look, a dean at Limestone, “Students report various levels of bullying to us (the deans) on a weekly basis.”

Mrs. Look said that students may not want to come forward about their bullying, but the sooner the deans know, the sooner they can address the problem.

“We don’t always hear of bullying until it has been going on for a while,” Mrs. Look said.

According to her, Limestone has taken steps to help teach the staff about high school bullying and ways to deal with it and help students.

“We address bullying concerns primarily one-on-one,” said Mrs. Look.

“However, we have also sent our staff members to seminars to become as aware of dealing with bullies as we can.”

Mrs. Look said that even though the Limestone administration would like to prevent all social media bullying, they cannot.

“It is important for students to understand that a status made from home or a

comment made to a status is hard to police from the Deans’ office,” she said.

She said that often, with cyber bullying, parents are contacted and there are mediations held by deans and counselors between the parties involved.

According to www.dosomething.org, “over two-thirds of students believe that schools respond poorly to bullying, with a high percentage of students believing that adult help is infrequent and ineffective.”

Mrs. Look said bullying is not always easy to track.

“From a disciplinary standpoint, bullying can be trickier to address than students might realize,” said Mrs. Look. “Mr. (Greg) Robinson and I have to sort through who said or did what, contact parents, and talk to teachers. For verbal bullying, it is not always so clear.”

Mrs. Look said that the administration

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Fighting punishment deters violence

By Adam Mowder, reporter

Limestone takes a strict stance on fighting in school.

The school lists physical violence as a Level IV act of misconduct. The act of fighting carries with it a \$150 fine and a five-day out of school suspension, according to Mr. Greg Robinson, a dean.

“There have been three or four fights this year,” Mr. Robinson said.

He said that compared to nearby schools, Limestone has very little violence.

Students say the punishment for fighting helps deter violence in the hallways.

“There is very little violence because everyone is pretty neutral with one another,” said senior Taylor Riston. “The only big problem is fist fighting and it’s normally between guys – or girls fighting over a guy.”

Students said ways to avoid even the small amount of fights is to stop the gossip and drama, and to deal appropriately with conflict and anger.

Students also said they don’t see much fighting in the hallways.

“There is a lot of excessive ‘playing’ but not much violence,” said senior Jessica Elkins. “Students respect the rules.”



Elkins said she wouldn’t mind seeing the punishment for fighting grow harsher.

“After your second fight, you should be expelled, not be one day of suspension away” from expulsion, she said.

Good sleep important to success

By Katie Metcalf, reporter

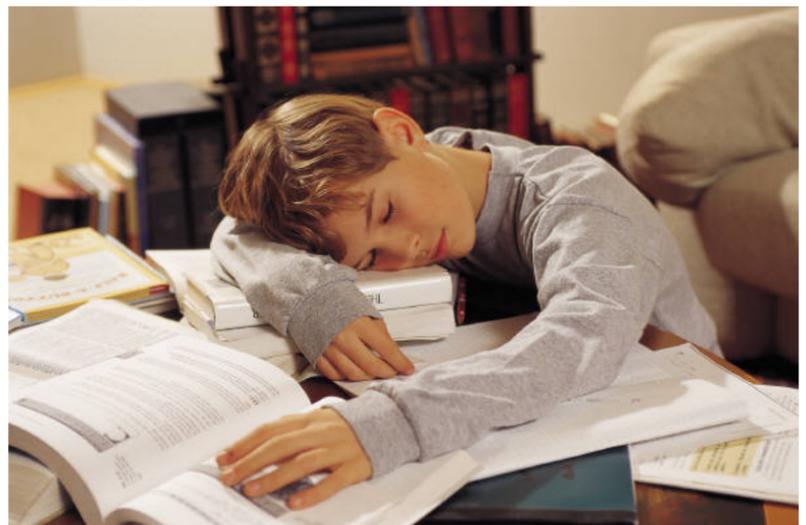
It is virtually impossible to get through high school without being in a class where someone is obviously asleep.

But it’s what has happened before that’s more important than falling asleep in class.

Sleep deprivation affects thousands of students nationwide. According to the Manual of School Health, adolescents require about eight and a half to nine hours of sleep a night but only about 20 percent of students actually get that much, and about 50 percent don’t even get eight hours of

sleep.

Why does this occur? It doesn’t take a genius to figure out that most students enjoy staying up late, either socializing with friends or playing video games, but for some staying up late can be a necessity. Some students play sports or are involved in other extracurricular activities or have a job. These activities dominate a good portion of a student’s time, leaving them with no other option than to do homework late at night, preventing them from



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preparation students received on their future careers and the opportunity to network with professionals.

Students could visit any of the 29 booths from 24 different career fields. Each class – freshman through senior – enjoyed about an hour at the fair and had to fill out an exit slip with information they learned while visiting the booths.

Freshman Brittany Ice said she enjoyed the career fair.

“I thought cosmetology was interesting,” Ice said of the Tricoci Cosmetology College booth.

Liam Jenkins said his favorite booth was Hunt Photography, sponsored by Bob Hunt.

Most students agreed that the career fair opened their eyes to possibilities beyond high school and college.



Above and right: Booths at Limestone’s career fair display various professions from which students can choose. Photos by Brandon Geuvers

POLICY*Continued from page 1*

She said that just like driving under the influence, many see others get caught and don’t think it will happen to them.

The first way the administration finds out about students using drugs is as simple as students or teachers reporting drug use to the office, said Mrs. Look.

She said that the canine search is the second way of finding drugs in Limestone.

“For some students, expulsion may be too much of a risk, so they keep their drug abuse away from school,” said Mrs. Look. “But do expulsions stop others from completely using? I wish it did, but not from what is reported to our office.”

After the drugs are discovered, there are consequences dealing with the Board of Education said Mr. Gresham.

“The Board of Education members take expulsion very seriously and very much dislike this aspect of their duties as a board of education member,” he said. “It is a very difficult process for them with lasting implications for the students.”

Mr. Gresham said that an expulsion hearing with the board is never easy for any parties involved and it isn’t where anyone wants to find themselves.

“I just wish that the student body could see the tears shed by parents and students when they find themselves in this situation,” he said. “Students need to think twice before getting involved in illegal drug use and doing that at school.”

ELITE*Continued from page 1*

someone,” said Master Sgt. Waltz. “Respect is a two-way street.”

Carl Cannon operates ELITE programs at other area schools, including Trewyn, Manual Academy and Pekin High School.

“The motto that Carl Cannon goes by is proved to be very true in ELITE,” said Gillan. “Respect is a two-way street from you to me and me to you, and whether you are in ELITE or not, every student should know that.”

ELITE is a program that shows students real life lessons, and prepares them for life and their futures, said ELITE graduate Tanner McBride.

“The students will have to learn how to give a firm handshake within the first week due to its vitality to any interview,” said McBride, a senior.

A strong handshake is something all ELITE students learn.

“People make the first judgment of you within the first seven seconds,” said Gillan. “So a firm hand shake is very important.”

Almost as important as a good handshake is your appearance, Gillan said.

“Once again, your employer is going to judge you within the first seven seconds so it is important to look professional,” she said. “As a graduate of the program, I have to say that ELITE is an experience like no other and every student should have a chance to be involved.”

BULLY*Continued from page 3*

does what they can to keep Limestone bully free.

Not only does school bullying affect grades and social statuses, said dosomething.org, but it also takes a toll on the actual life of students.

“Harassment and bullying have been linked to 75 percent of school-shooting incidents,” said the site.

Once this happens, the site explains, students drop out due to fear of being bullied or shame for bullying someone to the point that someone else was harmed.

Not only do students drop out but “approximately 16,000 teens skip school every day because of bullying,” said the website.

“I see bullying impacts the student’s confidence,” said Mrs. Look. “Bullies usually convince the bullied to be quiet. The longer a student is quiet, the more a student’s self-confidence is impacted. Students have to let an adult know.”



Track teams off to solid start

By Salena Jump, reporter

The Limestone girls track and field team opened its season at the Cogdal Relays in Normal on March 23. Bre Wieburg, Bre Diekow and Ashley Hoerr set the pace for the Lady Rockets in their events.

Coach Clint LaFary said the meet was a good start to the season.

“The relays competed well and set the tone for a very exciting season to come,” he said. “What the team needs to work on is just staying focused and healthy.”

Sydney Bontz, a junior who runs distance events, said that she thought the meet went well overall and that she was glad many people had opportunities to run.

Bontz said she thinks that the team needs to continue to encourage each other and to create a united front.

“Some good things that have happened are that people are making new friends, and Saturday gave

them a good base,” Bontz said.

The girls team also participated in the Silver Streaks Invitational in Galesburg on April 5. Chloe Knight won the discus with a throw of 109 feet, 2 inches, and Hoerr took third in the high jump, leaping 4 feet, 10 inches. The 4x200 relay team took sixth place.

At the Cogdal Relays, the boys 4x200 took third place.

“That last Saturday went great,” Coach Scott Durham said of the meet.

Senior Keenan Hobson was a double individual event winner, capturing the 100-meter dash in 10.9 seconds and 200-meter dash in 23.8 seconds.

Coach Durham said he thinks the boys track team needs to work on their field events and that they are very strong in running events.

“The most exciting thing about this season is that I get to work with great athletes,” Coach Durham said.



Limestone sprinters compete against Dunlap and East Peoria in a recent meet. Photo by Salena Jump.

Spring sports round-up

Softball

The Limestone Girls Softball team has a record of 7-3 as of April 9.

“I really believe this group of girls holds a team-first attitude,” said Coach Molly Hardesty.

The team captured a regional championship last year, defeating a tough East Peoria team on the way. They eventually lost in the sectional semifinals.

Returning seniors Carly Sweeter, Megan Hobson, Ryelee Foiles and Mackenzie Simmons all have three years of varsity playing experience.

“They have played together for a long time,” said Coach Hardesty. “They care about each other, and want to experience success together.”

Limestone lost to Farmington March 30. In the game against Olympia, Sweeter had two hits for Limestone, which won the game.

Limestone beat Canton 4-3 with RBIs from Foiles, Simmons, and Sweeter to score two runs each in the third and fourth innings.

Limestone also beat Galesburg 10-2, posting five runs in the third and fifth innings.

The Rockets beat Pekin 16-8. Krysten Wallace went 3-for-4 at the plate, Ashley Jones went 3-for-3 with two triples and four RBIs, and Marissa Boyer went 3-for-5 with an RBI.

Limestone used a six-run sixth inning to win at Pekin, 16-8. Krysten Wallace (3-for-4), Ashley Jones (3-for-3, two triples, four RBIs), and Marissa Boyer (3-for-5, RBI).

Boyer was featured on ESPN’s top plays of the day for a catch she made, robbing a Pekin player of a home run and running through a fence in the Dragon Dome.

Baseball

The boys baseball team began the season with an 8-3 record, including a 3-0 mark in the Mid-Illini Conference.

The team has wins over Canton, Pekin, Washington and Brimfield.

The team played extra innings

against the Little Giants. Zach Jewell pitched the first nine innings, allowing one run and striking out eight. Hank Mathews came on in relief to pitch a scoreless 10th inning and had the winning RBI in the 2-1 win.

Soccer

The girls soccer team began the season with a 4-2 record, including a 1-1-0 record in the conference. In a win against Canton, Limestone outshot the Little Giants 13-3 and Skyler Sievers earned the shutout in the 6-0 win.

Senior Madeline Coats had four goals in the win.

“We will be rebuilding a little this year,” said Coach Rob Fitch. “We have a great group of girls, but we graduated seven senior starters and lost one starter to transfer. We should still be able to win plenty of games, but we will need to focus on fundamentals and team chemistry.”



The girls soccer team spends part of a snowy practice building a snowman. Photo courtesy of Mr. Fitch.



'Beautiful Creatures' a beautiful drama

By Samantha Ruzicka, reporter

Based off of the book by Kami Garcia and Margaret Stohl, "Beautiful Creatures" can only be described as a new and interesting way to illustrate the more witch-like side of fantasy.

This movie left out the green faces and broomsticks and replaced them with mind twisting spells and a way of life as a 16th birthday present. This present given to the witches, or casters as they prefer to be called, is represented through their powers being claimed for light or dark.

"Beautiful Creatures" enhances the drama of the impending sixteenth birthday of young caster, Lena, by mixing it with a quickly budding romance between Lena and human jock, Ethan Wate.

The movie itself begins with Ethan narrating an introduction of a small, religious town in the south named Gatlin that, according to Ethan's late mother, the people in Gatlin were either too stupid to leave or too stuck to move.

With this small southern town comes the stereotypical scenario of one family being weeded out as the "black sheep" of the town. The family weeded out is the infamous Ravenwood family, comprised of Lena's relatives and a family of casters of both the light and the dark.

The real storyline picks up when Lena moves to Gatlin to live with her uncle, Macon Ravenwood. Lena moves in and, rather abruptly, an entire town of gossipers and avid traditionalists is set into a frenzy because of certain events that transpire.

This led to a meeting in Gatlin's church and it seemed that the entire town gathered to gossip and badmouth the Ravenwoods in a more formal matter. They discussed no longer allowing Lena to attend the high school

because of the violent happenings that occurred, and they were convinced she caused those incidents by using witchcraft.

In this same meeting, among the hatred and fear of the Ravenwoods, a conversation between Macon and a possessed Gatlin woman reveals that there is a much higher dark power. And this dark power's goal revolves dangerously close around Lena.

As the movie advances and the characters are further developed, the romance between Lena and Ethan grows to the point where viewers are forced to care about the well being of the relationship of the young angst-ridden caster and the down home country boy.

This young romance is sprinkled with so much sarcasm and action that even some of the biggest romance haters will get worked up when the home team of Lena and Ethan is at the disadvantage of the dark power.

When all is said and done, this movie will likely make the average movie-goer experience far too many feelings. The

ending to me was surprising and irksome, and I in no way agree with it, but I'm glad I was around for the story that came before it. In other words, it wasn't a waste of a few bucks or time, and the story was enthralling. The only person who wouldn't be able to find something in this movie that they liked would be some overly logical person who doesn't understand the concept of imagination or emotion.

I recommend this movie to anyone looking for suspense, romance and intrigue. The story is worth watching and—ending aside—the movie kept me engaged. If you go see it, you will not be disappointed.



#AllThatFeels

By Katie Metcalf, reporter

Throw everything you know about Ke\$ha out the window.

The turn-around from Ke\$ha's previous albums "Animal" and "Cannibal" to her latest album "Warrior" is about as close to 360 as an artist can get without completely changing their identity.

While "Warrior" still retains some of her signature pop/dance/techno sound, her third album focuses mainly on more tribal tones, sounding like a Black Keys-meets-MGMT-meets-Lady Gaga-esque album.

But what has changed the most between her two previous albums and her latest is the album subject matter. While "Animal" and "Cannibal" were almost completely clubby, dancey, and just for fun—a barrier of pop without getting too personal, save for a handful of songs such as "The Harold Song" and "Hungover"—"Warrior" seems to be a step back into Ke\$ha's real life, and that step into the personal made her a whole lot better.

"Die Young," the first single off the album, has been circulating Top 40 stations since its release in September 2012, well before "Warrior's" release date two months later in November. This is not surprising, seeing as how "Die Young" is about the closest thing a listener will get to Ke\$ha's previous sound, and though it does incorporate a bit of her new tribal-vibe, it still fits the bill of today's formula for "good pop music."

'C'mon,' "Warrior's" third track and second released single, is basically the recipe of the youth of a wild-child (Ke\$ha probably didn't have trouble finding inspiration for this one). The song, a better representation of the sound of Ke\$ha's third album, took a bit longer to reach popularity, but is just as catchy as "Die Young."

It is hard for one to listen to "Warrior" without finding a con-

nection to at least one of the songs.

"Warrior" seems to be Ke\$ha's step back to her roots, putting her heart on the line through her songs, specifically in "Wonderland" and "Past Lives."

"Wonderland" is Ke\$ha's heartfelt wish to return to her times in LA before she found fame; to a time of barely surviving, but loving life and having fun with those around her.

In "Past Lives," Ke\$ha sings to a past lover incarnate; one she knew in, well, a past life, that she is convinced she has met again in this one. Their love is new, but it feels as old as time, and will last into eternity, over and over again, time after time.

"Thinking of You" and "Love Into the Light" amplify two but distinct parts of Ke\$ha's personality.

"Thinking of You" is the right kind of breakup song — a song any girl who has been dumped needs to hear. Rather than wallowing for a lost love, this song perfectly exemplifies Ke\$ha's message to all girls to be strong by saying "Forget you. I'm living well, and you have to deal with the mistake you made by watching me live happily...without you."

Take one part "Hey, I'm not perfect," one part "play nice," and one part hippie and you get "Love Into the Light." "Love Into the Light" is Ke\$ha's question to the world on why we don't all just act nice towards each other. With a world full of organizations trying to get peace and humanity in the world, why is there still so much hate?

Like Ke\$ha's two previous albums, the overall idea of "Warrior" is still "Have fun," and "Live wild while you're young." However, the tribal undertones give "Warrior" a refreshing new sound that keeps Ke\$ha fans from getting bored of the same pop tracks over and over (and even reels in some new ones).

Great job, Ke\$ha. You truly are a "Warrior" on the pop front, reinventing the idea of pop for all of us.



Quilting classes are 'sew' creative

By Sarah Watson, reporter

The creative fashions class and the fashion merchandising class will hold a quilt show May 7.

Approximately 46 quilts are entered into the Fifth Annual Quilt Show. Forty students will take part in the Quilt Show. The Creative Fashion classes are working on a basic Four Patch Lap Quilt.



"The students went on a field trip to the Quilt Corner in Morton to shop for their fabrics," said Ms. Ida Picco, the family and consumer science teacher.

The fashion merchandising classes chose one of four 5-yard quilts. The supplies were purchased from funds that were raised from sewing projects that the fashion merchandising classes have completed and sold. The quilts being made will be twin-sized.

Sophomore Emma Mollenhauer said that she is excited about this year's Quilt Show.

"I am really excited," said Mollenhauer. "I can't wait to see everyone's quilts and show off mine."

Above and right: Students display quilts that they sewed during classes. Photos courtesy of Ms. Picco

Junior Cayenne Swanson said that all of the time and energy that goes into making quilts is worth it in the end.

"It is all very worth it and you have a huge sense of achievement," Swanson said.

Senior Katelyn Weisser said that it is not that difficult to finish a quilt.

"Once you get near the end, it gives you more ambition to finish it," Weisser said.



Celebrate Earth Day in simple ways

By Sarah Watson, reporter

How did Earth Day come to be and what is it exactly? What does Earth Day have to do with Limestone? Well, Earth Day is a very important day that comes once a year. Earth Day is one day that is set aside to celebrate earth.

Limestone celebrates Earth Day as well. By recycling empty bottles, paper and containers, students and staff are helping to keep the community clean. What could be more important to everyone than to take care of the earth? Limestone seems to be taking a part in the green movement as well.

Junior Kayla Stanton said that Earth Day is an important day to celebrate.

"We can keep the world clean on Earth Day," Stanton said.

Senior Kaylee Richardson also agrees that Earth Day is important.

"Maybe the school could plant a tree," Richardson said.



Earth Day was started on April 22, 1970, by Gaylord Nelson, a U.S. Senator from Wisconsin. Nelson started the Earth Day tradition after watching the world turn violent. Nelson wanted a day where everyone could put aside their differences and take time to view the earth and its beauty, according to history.com.

Junior Corey Dillingham believes that Earth Day is somewhat of an important holiday. "I think that we shouldn't have school on Earth Day," Dillingham said.

To celebrate Earth Day, students can do simple things such

as taking shorter showers, or turning off lights when they are not being used. Doing simple things like this will show how much everyone cares about Earth, the only planet that people call home.

Major Chris Russick hosted a clean-up in Alpha Park on April 20. Students met at the JROTC room and headed to Alpha Park with the intention of making Bartonville more beautiful.

Summer jobs keep students busy

By Salena Jump, reporter

According to the outplacement firm Challenger, Gray & Christmas, 160,000 American teenagers were hired April of 2011. In May of 2011, by contrast, only 71,000 teens landed jobs. Even that was better than the year before, when 6,000 teenagers were hired in May of 2010. Brandon Geuven, a senior at Limestone said that he works at Landmark Lanes and works there all year long.

"Sometimes it can be hard, but usually I don't have a hard time finding a job," said Geuven. "What I recommend is to find something you would enjoy for a while."

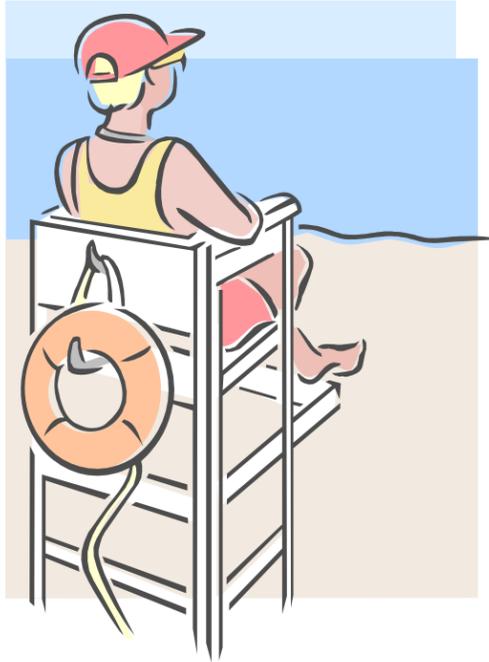
Tyler Kauffman, a sophomore, said that he worked at the Limestone Community Pool for money and he also got the job by applying for it.

"I would say that students get summer jobs by taking some initiative, said Kevin Knaggs. "They figure out some ideas on what to do and go hit the pavement, so to speak."

Kauffman said that it's not that hard to get a summer job, and if you would like working around water and swimming you can work at Limestone Pool this summer.

"Students need to be proactive and go

apply to places and get their name out there. Also knowing people is helpful also, Mr. Knaggs said. "I think students can find jobs



by getting certain people to go to bat for them. A network of friends and family is helpful."

Mr. Knaggs has had summer jobs in the past. Growing up he worked at a warehouse

in the summer. He also umpired a lot in the summer. In fact, he still umpires quite a bit in the summer.

"I'm not sure how hard it is for students to find summer employment," he said. "I think if someone really wants a job and is ambitious, then I would think that they could find a part time summer gig. But again, it takes some work and discipline. It will not just land in their laps; they will need to take some initiative."

Mr. Knaggs thinks there are many jobs that he would recommend. He would say that each person would be different. It depends on their interests and what they would like to do, he said.

Students can be lifeguards, work at a restaurant, do retail, be an umpire, among other things, he said. He would encourage students to find a job that they are interested in.

"Students can work as long as they want," Mr. Knaggs said. "If it is just a summer job, then they could work from June to August, or they can keep their job into the new school year," he said. "I think working is very healthy and teaches youth some great life skills that they will need in the future."

GREASE

Continued from page 2

The dancing was amazing. There were parts of the dancing from the movie that were in the musical. I really liked that I knew the songs from the movie, such as "Greased Lightning" and "Look at Me, I'm Sandra Dee" and others. There also were new songs like "Mooning" and "It's Raining on Prom Night." Those songs added laughs and

drama.

The musical was also different from the movie to better adapt to the setting. There were no car races like in the movie, which makes sense because you can't drive fast cars across a small stage.

The use of the Broadway musical (and its songs and plot) and the familiarity of the movie made me feel like I was watching something new and old.

"We worked hard to pay homage to the film while still making it our own production. I hope the audience was happy with the end result," said Ms. Nannen.

Other cast members included Quinton Bailey as Sonny, Paige Moody as Frenchy, Taylor Floyd as Patty Simcox, and Mike Rendleman as Kenickie. The entire cast and crew did, in my opinion, a phenomenal job portraying a classic musical.

SLEEP

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getting to sleep early.

However, excuses or not, students and adults both agree sleep deprivation is a problem.

Dalton Frey, a junior at Limestone, admits to getting less-than-adequate sleep almost every night. He pegs this issue on video games as well as procrastination on homework and writing papers.

Mr. Kevin Knaggs, a counselor at Limestone, said that students suffering from sleep deprivation is very typical and the reasons behind why students do so are nearly identical.

"I think kids can have the tendency to stay up late with video games or Facebook or whatever and they deprive themselves of that all important sleep," Mr. Knaggs said. "Sleep is so critical to life and well being."

According to the Manual of School Health, it is during sleep that our brains sort out and store the information that is learned during the day. When a student deprives themselves of much needed hours of sleep, they are also depriving their brain the ability to learn properly.

Lack of sleep leads to other problems as well.

According to the school nurse, lack of sleep can lead to a number of health problems, including drowsiness, slowed reaction time, inability to concentrate, hallucinations, confusion, paranoia, anxiety, apathy, nystagmus (involuntary eye movement) and hand tremors, among others.

Rachel Lambright, a junior at Limestone, admits to very fre-

quently suffering from self-inflicted sleep deprivation.

"Very often...way too much to count...like every day," said Lambright.

While Lambright admits staying up late is completely her fault (as is true in most cases of students suffering from sleep deprivation) she suggests that it would be helpful for students if school started a bit later.

"Not noon later, but like 8:30 later," Lambright said. "Less people would be sleeping in class."

What Lambright suggests is not so far off base. In fact, the Manual of School Health states that over 80 school districts have already changed the time of their first-hour bell to start a little later. At schools such as these, it has been found that many students have been found to be more alert, less tardy, less susceptible to depression or illness, and more productive during school hours.

So what can students do to prevent sleep deprivation?

"Getting that heart pumping three or four days a week has to be very beneficial to fight off sleep deprivation," said Mr. Knaggs.

Also, something as simple as turning off the gaming console or muting the cell phone can prove to be a great distraction reducer.

However, two of the simplest and most effective solutions are probably getting into a routine where a student makes a point to get enough sleep at night, and making the best use of one's time so that late night work-cram sessions are no longer necessary.