

# Limestone Light

Limestone Community High School      Bartonville, IL 61607      Volume 47, Issue 3

Mr. Bierwirth ..... Inside!

VISIT US ON THE WEB -> <http://207.63.34.3/limestone/test.htm>    E-MAIL us -> [limelight@limestone.k12.il.us](mailto:limelight@limestone.k12.il.us)

## Limestone's Own Hometown Heroes

By Kim Nelson

On October 18th, Seniors Michelle and Danielle Closen were informed that they had received the WEEK Hometown Heroes Award. They both got nominated by the honors committee at Limestone High School.

D. Closen said, "I was shocked when I heard I got the Hometown Heroes award.

I felt honored to represent Limestone and the Closen name. I am ecstatic that I got this award." D. Closen received this award for her dedication and hard work in sports, academics, and community work. She said she has come to realize that if you work hard, set goals, and have fun in your life, you will

be successful. Receiving this award also made her want to succeed even more in her activities and to set higher goals.

M. Closen said that she feels honored and overwhelmed that she got this award. It showed her that hard work pays off. She got this award for her athletic

ability, grades, dedication, and achievements at Limestone. Since she has received this award she knows that more people are looking up to her and her abilities. It has made her more dedicated to her education, athletics, and community. Michelle, also wanted to mention that, "If you set your standards

high, you can achieve anything. All you need to do is work hard and believe in yourself."

Mr. Beach is very proud and pleased that D. Closen and M. Closen got this award. He said that he is also proud of everyone in the school because there are a lot of people who do important things for the school.

Congratulations to the Closen's.

## Hopeful Outlook for Snowball

By Kat Sheldon

Fun, excitement, a lock in. Are these some of the things that you think of when you say the world snowball?

Snowball Advisor Deanne Merriman, says, "It is for students to make new friends, have a good time, and learn to make healthy choices." Snowball "gives students an opportunity to meet and interact with adults from the community and gives them an opportunity to attend workshops", explained Merriman.

The teen staff of snowball has 22 staff members. There are 6 seniors; they include: Tiffany Baker, Mareen Fritzsche, Christina Kjaersgaard, Mike Lang, Derek Pitzer, Mei Tung. There are 4 juniors that include: Jimmy Faggett, Marc Lofgren, Rose Rickard, and Theresa

Wike. There are 12 sophomores that include: Cayce Byrd, Amy Lane, Megan Murray, Michael Nelson, Jessica Powell, Jillian Rebmann, Lora Schooley, Doug Small, Jessica Spuler, Billi Wiebler, Jenny Wike, and Nicole Zook. These teen staff members traditionally "do not allow freshman to be on this staff," says Merriman.

Snowball has 6 small group sessions, 3 large group sessions, group energizers and a parent session where the parents come in to learn about snowball. Also they are going to have a coffee house/dance, go to the blue and white basketball game. When asked why they hold Snowball, Mrs. Merriman said, "This is teens putting this on for teens, we ask for volunteers and we say that "you can have fun".



Jeff Chitwood

Jeff Chitwood was named the DAR Recipient for the 1999-2000 school year.

**Future plans:** To have a job in sales, he hopes someday to own his own business  
**Future job:** Bradley-hopes to have a major in business  
**Future college:** How did it feel to be nominated for this award? Chitwood says, "It's an honor coming from them."



Ebonie Wright

Ebonie Wright was named the recipient for the American Legion award.

**Future plans:** Health administrator  
**Future college:** ICC for 2 years then maybe transferring to ISU  
 How did it feel to be nominated for this award? Wright says, "It's great to think that your teacher thought so highly of you."



Emily Miller

Emily Miller was named the October Academic Student of the Month.

**Academic Award guidelines:**  
 1. Based on being a good student.  
 2. Being a top ten student.  
 3. Must be involved in extra-curricular activities.

**Tech Prep Award guidelines:**  
 1. Student must have committed no major disciplinary infractions in the past two years.  
 2. Student must have not violated the co-curricular code in the past two years.  
 3. Student must be enrolled in or have completed the advanced level of a sequential training level vocational course.  
 4. Student should have distinguished him/herself in at least two of the following areas.  
 A. Possesses excellent vocational skills and knowledge  
 B. Leadership and/or participation in vocational clubs, service organizations, or extra-curricular activities.  
 C. Work record at a job-site.



Heather Scheer

Heather Scheer was named the October Tech Prep Student of the Month.

## Inside...

**FOR THE MONTH OF:**  
November 23, 1999.

6

Thanksgiving Baskets

5

Mr. Bierwirth

7

Peoria shelters offer Thanksgiving dinner

7

Limestone Students' Band

1

Snowball Information

## OPINION POLL

**When you go to shop for your fall clothes, where do you go and what do you look for?**



I shop at the Gap because I work there. And I find original and fun things to buy that matches my personality. Junior, Sarah Ray



We like fashionable and in style clothes! I shop at American Eagle, Express, and the Gap. Sophomore, Kirbie Holland and Freshman, Ashley Thome.



I shop at American Eagle, Express, Limited, and I look for expensive clothes that stands out. Freshman, Jessica A. Foster.



I just look for clothes so that I am not naked.

~~Not Pictured~~

I like to wear clothes, they are cool. Clothes are good. I shop at American Eagle, Structure, and the Gap. Freshman, Patrick Kohlmeier

## Limelight Editorial Policy

The *Limelight* is the student newspaper at Limestone Community High school. It is a laboratory for journalism students designed to serve the total school community.

As a liberator, the newspaper provides staff members with independent writing opportunities and individual evaluation. Writing is based on a wide variety of research for a broad and often critical audience. The experience demands responsibility and cooperation.

Business skills are learned through the needs to sell advertising and to remain financially solvent.

While the newspaper is responsible to the Board and subject to state and federal laws, contents reflecting student thinking is not necessarily in agreement with administrative policy. An understanding of administrative policy should be reflected in articles relating to it.

The primary audience for the newspaper is the student body at Limestone Community High school. However, the staff recognizes that the paper is read by and must speak to the faculty, to the administrators, to the parents, and to the community as a whole.

The first function of the newspaper in serving the audience is to accurately and factually report significant aspects of school life and subjects of interest and concern to the readers. Due to the fact that straight news stories are based on fact and should be unbiased, they may not be signed.

The *Limelight* should stimulate thinking and provide leadership for the school. As an independent observer, the newspaper should use its unique access to a new and broad perspective to lead the school community toward constructive

accomplishment. Editorial comments reflect the thinking of the editorial board and are not signed. Reviews and opinion columns by individuals must carry by-lines.

The *Limelight* provides its readers with a public forum; students, faculty, administrators, parents, and others in the school community are encouraged to react to material printed through signed letters or articles. Names will sometimes be withheld from publication for a good cause. Outside contributors are subject to the usual restrictions of libel, defamation, slander, and obscenity and must conform to newspaper policy. The newspaper need not agree with or endorse the contents of outside contributions. Contributions may be rejected if considered unsuitable. Any questions to this policy should be directed towards the newspaper advisor and/or the editors.

## Notes From the Editor's Desk

**By Chris Rogers**

Every day teenagers make choices. Some of these choices are wise and educated choices, while others end up being mistakes in the making. These choices will in no doubt affect some part of the rest of their lives. Teenagers need to be more cautious and need to think more before making any major decisions in their lives. Too often teens will just decide to do something on the spur of the moment, simply because they want to or because it sounds like a good idea. However, what these teens do not realize is the fact that these choices are often the ones that end up being a mistake. These uninformed choices are also the ones that too often may end in tragedy,

even death. Teens also need to realize that when making these choices they should not be under the influence of anything. They should not let anyone pressure them into doing something they would not usually do. This goes back to the simple procedures of avoiding peer pressure that all children learn as early as third grade. Again, teens need to think more about the choices they make. These choices not only will affect them, but often they will affect someone close to them. Usually when tragedy strikes because of these choices, it strikes the people around the "choice makers." In the last few years, Limestone has lost too many students due to

poor choices on their part. If these students would have only taken a few moments to think about the situation and make an informed decision, perhaps their lives could have been spared. Therefore, before you make any decisions, make sure you take the time to step back and consider the available options and their consequences. Again...**Please be careful!**

In a related note, the *Limelight* staff would like to offer our sympathy to not only the friends and family of the recently departed, but also those of the past LCHS students that have unfortunately lost their lives.

The *Limelight* is the student newspaper of Limestone Community High School. It is published monthly by journalism and media methods students. The *Limelight* is a member of the Quill and Scoll, National Scholastic Press Association, and Illinois High School Scholastic Press Association. Students are responsible for the content of the *Limelight*. Views represented do not necessarily represent, in part or in whole, those of the Limestone Community High School administration or faculty. Editorial policy is determined by the editorial board of the *Limelight*, and views expressed in editorials are those of the majority of the editorial board. Columns that carry bylines are the opinion of the author and do not necessarily represent that of the *Limelight*. The paper is distributed free to students and staff. Subscriptions are available by mail anywhere in the United States for \$5 per school year. Address: Limestone Community High School, 4201 South Airport Road, Bartonville, IL 61607. Telephone: (309) 697-6271, ext. 106. Reach us on the Internet at <http://limestone.k12.il.us>. Printed by P&P Press, Peoria, IL.

**Executive Editor:** Chris Rogers; **Managing Editor:** Marlana Bussey; **News Editor:** Chris Rogers; **Opinion Editor:** Kathleen Sheldon; **Feature Editor:** Marlana Bussey; **Entertainment Editor:** Brad Clough; **Sports Editor:** Ryan Closen; **Student Business Adviser:** Cayce Byrd; **Photographer:** Marlana Bussey, Christina Holt; **Artist:** Steve Kirkbride

**Limelight**

**Reporters:** Ashley Andrews, Kelly Bazhenow, Chad Day, Jamie Emert, Delanie Ferguson, Christina Holt, Jennifer King, Steve Kirkbride, Angela Kominski, Kimberly Nelson, Doug Peterson

**Business Adviser:** Jill Warren

Jamie's Jabber

School Spirit, is it in you?



By Kelly Bazhenow

What is the biggest difference between Limestone High School and Metamora High School? The answer: Support from both the community and the students. Obviously, Limestone is lacking the support.

You would have to be deaf and blind to go to Metamora and not realize how important their high school is. First off, your greeted by a sign that says "Welcome to Red Bird Country," and then the rest of the town is an explosion of red and white. Houses, cars, local restaurants, and shops are decorated in Redbird memorabilia and signs of support. Metamora's crowd at games shows the support received from community members, parents, and students.

Limestone is the opposite of Metamora. Nothing about Bartonville says "Hey, Limestone is important." I mean it's not like people have not tried. My sister Andrea, and her friends Kendra Klein and Jennifer Eustice went around to several local businesses and asked if they could put up Rocket signs in their windows. Many of the businesses said no, and those who said yes were hesitant. Personally, I don't think that says much for how much support they give Limestone.

Though I feel community support is at a low, I feel that student support is on the rise. I think Student Council should be credited for much of this rise. They have made students more excited about school events through the couch raffle, fan bus, and fireworks at the football games. I hope that they continue their efforts into the winter and spring sports and other extra curricular activities.

You all say you want to support a winning team, but think about which came first: the winning or the support? It is easy to support a team when their winning, but necessary to support a team when they are not. I really admire those senior football players because despite ridicule about losing, they have stuck with it all four years. We really should want to support each other in every activity at Limestone.

Maybe we are not at Metamora's level of enthusiasm yet, but our goal should be to accomplish that. Limestone could easily be at their level. All it takes is a group of students who decide to change the way things are going to make a major difference. Do you want to make that change here at Limestone? The choice is ours.

**Are over-the-counter drugs safe?**

By Jamie Emert

How safe are over-the-counter medicines? Some may think since you do not need a doctor's prescription, they are safe. However, they can be just as dangerous as prescription medicine if misused. People take over-the-counter medicines to stay awake, to go to sleep, to lose weight, and to even get rid of a common headache. Even though a doctor's prescription is not needed, they can still be very harmful.

I am sure you have heard of or seen the news stories about the Bloomington cheerleaders using herbal over-the-counter medicine to stay alert, and to get energy. Six cheerleaders from Bloomington took an over the counter medicine called Vivran that they got from their parents. The school found out, and they held a school board meeting. The cheerleaders did not get punished too badly, since the medicine was over the counter. They were

suspended for three games.

I think the cheerleaders should not have gotten punished. Since the medicine was over the counter, it is perfectly legal for them to take it, considering it was given to them by their parents. An over the counter caffeine drug is the same as drinking many cups of coffee. If the cheerleaders drank six cups of coffee right before a game, this would never would have happened. Over-the-counter medicines can seriously hurt you if you misuse them. Some teenagers that don't use their common sense combine medications, which can cause severe organ damage.

Over the counter medicine are used to cure simple things. If they are safe enough to get without a doctor's prescription, they have to be safe for the common person. They can be safe, but remember to use them correctly.



By Kat Sheldon

When we think about traditions what do you think about? A family sitting down to a table on Thanksgiving, opening up presents on Christmas morning, or maybe even a tradition like going to church and then breakfast on a Sunday morning. What is so fascinating to me is that so many people follow these type of traditions. My favorite tradition that my family has are candy turkey place settings. Since I have a pretty big family they are what tells people where to sit. They are made out of a cookie, icing, candy corn, and a chocolate drop.

For Christmas my family has the tradition that Christmas Eve we go to my grandparents house and open up presents from my aunt and uncle and grandparents. Then we go home and my mom and step-dad gives each kid one present, usually it is pajamas or night sleepers. Then Christmas morning

we get up at like 6 and open presents and have open house for the whole family all day. Usually about 30 people show up to our open house and there are activities for the kids to do and games for the adults to play.

I have never seen a Jewish tradition, but I have heard plenty about it. They have Hannukah and have a menorah. Each day they receive presents for every day that the candle is lit. This makes it easier for the children to understand that Christmas is the Christian holiday and Hanukkah is Jewish holiday. Each candle represents a day that the Jewish had to suffer.

Everyone has there own tradition and religion. Each person has that right and the constitution backs them up. When you think about your traditions, think of how it has been passed down your family or through friends. The fascinating part about them is that everyone goes out of there way to make a tradition stay alive.

*Letters to the Editor*

Dear Editor,

Hey all you strong athletes out there, because you are so great, you will get to miss a couple of hours of school. What, you are NOT an athlete? Oh, well, then you do not need to leave.

That was the message students received about the assembly. Having an assembly for "athletes only" was wrong. We the "non-athletes" were discriminated against, sitting in class while the "cool athletes" got to leave. What makes them so much better than the rest of us? In my opinion, nothing. However, this school seems to give special treatment to athletes. Does that make me, a non-athlete, want to show up cheering for our team at games? I don't think so. I admit I have formed a bitter attitude against athletes, but it is to be expected the way non-athletes are treated compared to athletes. I'm not saying we non-athletes are out to get the athletes, but they do not need to get more special treatment than they already do. Next time you wonder what happened to all this school's spirit, ask the athletes and administration-I think they took it.

Sincerely, A Non-athlete

Dear Editor,

Over the past four months, LCHS has been working on providing drug and alcohol prevention training to all identified athletes in the building. These prevention programs are a part of a pilot program that will expand in the coming years.. As you know from last year's drug and alcohol survey, we have a real problem in our building with both marijuana and alcohol abuse among a broad spectrum of our student body. We tried to identify groups of students who could be targeted for education and prevention programs that would have the greatest impact on our building. The decision to provide drug and alcohol programs to all LCHS athletes came from those meetings.

We are not trying to reward or provide special incentives to those targeted students. We are trying to provide them with prevention and drug/alcohol information in an effort to eliminate and/or reduce the use among this group.

Please share this information with your students and emphasize that these programs are not entertainment but are drug/alcohol prevention programs. Thank you for your help and understanding with this program.

Sincerely, Principal Bill Beach

**What's Hot What's Not**

- |                                |                                 |
|--------------------------------|---------------------------------|
| 1.Snowball                     | 1.Dropping out                  |
| 2.Technology                   | 2.Homework                      |
| 3.Rocket 1                     | 3.School Food                   |
| 4.Channel 1                    | 4.Alcohol                       |
| 5.Dare Mentors                 | 5.Smoking in the bathroom       |
| 6. E-Mail                      | 6.Theft                         |
| 7.Prevention Programs          | 7.Acting before thinking        |
| 8.Meeting Deadlines            | 8.Writing Across the Curriculum |
| 9. Good Grades                 | 9.Dress Codes                   |
| 10 Sophomore Class Field trips | 10.Tardies                      |

**Mac's with the Class**

Who: Junior Class

When: Tuesday, November 23, 1999

Where: Bartonville McDonald's

Why: The Class of 2001 are raising money to fund the 2000 Prom. Juniors will receive 25% of the profit of the food sold that evening. Please come and help support Limestone's Junior Class.

## News Notes

### Brignall Awarded

Congratulations to Joe Brignall for winning the logo contest for Key Clubs' Illinois-Eastern Iowa Convention.

### "Pie in the face" raises money

Key Club hosted the second annual "pie in the face" meeting Wednesday, November 3. Key Club President Sara Ray and member Erin Pitzer were picked to receive the pies. Key club raised \$150 from the event.

### Red Ribbon Week

Students, faculty, staff, and administration participated in Red Ribbon Week's "Travel the Super Highway Drug Free" October 23 - 31. Red Ribbon Week recognizes Special Agent Enrique "Kiki" Camarena of the United States Drug Enforcement Administration.

While working undercover in Mexico in 1985, Camarena was captured and murdered by drug traffickers. IDEA and the Virginia Federation of Parents organized the Red Ribbon Week Campaign in honor of Camarena's fight against drug abuse. The red ribbon symbolizes zero tolerance for illegal drug use and a commitment to a drug-free lifestyle.

### Yet Another Exchange Student comes to LCHS

Welcome to senior German exchange student Mareen Fritzsche, who arrived in the United States in October. Fritzsche,

who has "been studying the English language since I was in the fifth grade," was interested in becoming an exchange student because of her interest in American life and culture. She is staying with the Davison family while experiencing life in America.

### Great American Smoke-out

LCHS recognized the Great American Smokeout by adopting area smokers. In addition to other smokeout activities, 50 freshmen were selected to attend a program hosted by Bradley University.

### Strickler Recognized

Spanish teacher Dorothy Strickler received the Lieutenant Governor's Award. Being one of the five teachers recognized, she attended the Illinois Council on the Teaching of Foreign Languages State Conference in Springfield, October 22, to accept the honor given to her

by the I.C.T.F.L. Strickler has served as secretary on the I.C.T.F.L. Board for two years and has been involved with other parts of the organization also.

### Sammis Named Commercial Student

Senior Helena Sammis has been named a Commended Student in the 2000 National Merit Scholarship Program. Sammis is one of some 34,000 students throughout the nation being recognized for outstanding academic achievements. She became a Commended Student by placing among the top five percent of more than one million students who took the 1998 Preliminary SAT/National Merit Scholarship Qualifying Test.

### WIU Awards Tinnon

Western Illinois University awarded English teacher Kris Tinnon for being an incoming

WIU student's Most Inspirational Teacher. Tinnon received a certificate to recognize her devotion to LCHS students.

### Presidential Classroom

Presidential Classroom, an important civic education organization in Washington, D.C., recognized LCHS for its dedication to civic education and support of Presidential Classroom. LCHS is one of 360 high schools across the United States to be honored. Juniors and seniors have represented Limestone as Presidential Classroom Scholars for the past 21 years.

The *Limelight* will print any announcements or News Releases that are submitted to us by one week prior to deadline. These submissions are subject to our Editorial Policy found on the Opinion Page.

# Rockets March Into Indianapolis

By Christina Holt

On Thursday, November 11, the Marching Rockets started their journey to Indianapolis to show America the results of all their hard work in the Bands of America Grand National Competition that includes eighty of the top high school bands all competing for twelve spots.

Taking the trip allowed the band to look at the top National teams that were competing and see the kind of dedication it takes to make it to the top. Mr. Bill Trulove, the LCHS band director, says, "As far as taking trips, we get a lot more out of that [Indianapolis] than

Disney. It is more educational, and it is closer to home."

In competitions so far this year, the Marching Rockets have won a couple of awards for the best wind ensemble and got second place for the best drum major. For the most part, Trulove says, "We've placed right in the middle, but we've improved dramatically from the time we started to where we are now. We have come a long way."

Before the competition, Trulove noted, "We've never made it to the semifinals yet, but I just want to see them put the best show forward and do their best." The Marching

Rockets did just that during this weekend's competition.

Accidentally leaving their recorders that they needed for the third song, the band had to adjust but still performed very well.

The song they performed was a familiar one. It was the song they played at the football games. It is an original suite of compositions written by Trulove called "Millennium Dance of Conquest." The first song is called "Dance of Conquest." The second is named "Conquest of Ideologies." That song is about the battles in history that have been over ideas and not land and riches, such as the Crusades and the Civil War. The third song, "Conquest of Land and Riches," looks at the Native Americans and the Pilgrims and how they fought over land and not ideas. "Question for the Next Millennium" is the last song. It asks the question, where do we go from here? Are we doomed to repeat history, or have we learned from our mistakes? "It is pretty deep," Trulove says.

So what do you think? Are we doomed to repeat ourselves? That is something to think about as we approach the next millennium.



The Marching Rockets performing at the Homecoming game. Photo courtesy of Marlana Bussey.

## LAUTERBACH LUMBER CO.



910 W. GARFIELD AVE.  
BARTONVILLE, IL  
61607

697-3485

MELVIN LAUTERBACH STAN LAUTERBACH

Mike-sell's"  
Potato Chip Company

Home: 309-697-3696  
Cell: 309-696-6719

WeHaul Distributing  
Bob and Donna Wallace  
Owners

KEELY'S  
The Chip with Zip!

snacks with an attitude



Serving  
Only The Best  
in Italian Cuisine

Your Hosts:  
Misty & Tyler Barnes  
(309) 697-8668

5908 South Adams Street, Bartonville, IL 61607

# Buckin' Around Bierwirth's Backyard



**By Marlana Bussey**

When Mr. Larry Bierwirth, Limestone's drafting teacher, decided to spruce up his yard by displaying lawn ornaments, he never dreamed it would go this far.

Bierwirth was in the hospital fighting cancer. While coming home, he found an amazing surprise. On March 10, 1999 on a little stump where used to sit a beaver ornament, was left a letter saying, "Tired of looking at the same old crick. You can't get you kicks on Route 66. Catch you later Bucky Beaver." Bierwirth and his wife found this very amusing. He assumed someone had stolen the beaver and they were just playing a little trick. As time passed, he realized it was much more than that. Bucky Beaver had taken a little vacation.

Bierwirth measured the footprints that were left in the snow. The shoe size was approximately a 10 or 11 shoe size. For just a little more amusement Bierwirth's sister-in-law put up crime scene tape around Bucky Beaver's stump.

Later, Bierwirth received letter and pictures of Bucky Beaver's vacation. He received so many of them that his wife made a scrap book and a poster board display of Bucky Beaver's vacations. Bucky Beaver traveled to many states and countries. For

instance, Bierwirth received letters and pictures Bucky Beaver in front of the pyramids of Egypt, Canada, and Tennessee. He even received a picture of Bucky Beaver asking a man for directions. Whenever Bucky Beaver wrote a letter he left a trade mark. Bierwirth noticed he always signed it BB, as in Bucky Beaver.



Bierwirth also received presents such as a get well bouquet, a can of canned beaver, and chatter messages on his answering machine. "I have caller id, but the number won't show," said Bierwirth.

When asked what he thinks about this whole story, "It's been kind of amusing," said Bierwirth. He explains he does not know who is doing this but, "I have evidence I just can't prove it, I guess," said Bierwirth. In the last letter he received, Bucky Beaver mentioned that he'll try to come home for the holidays. Hopefully, he will return to tell about his adventure.



## Bucky's Travels



## LCHS Recognizes Outstanding Scholastic Achievers

### MITCHELLA. ROSE PHOTOGRAPHIC ARTS

Portraits-Studio or Location

*Senior Portraits*

Phone:

**673-7212**

*Days and Evenings*

*1024 North Sheridan Road Peoria, IL 61606*



Limestone honored its sophomores, juniors, and seniors for scholastic achievement on October 27, 1999. The students recognized were:

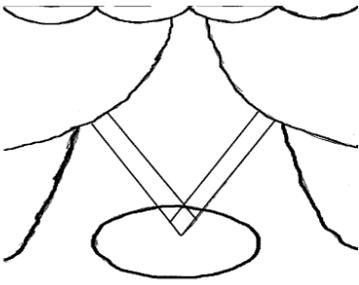
Sophomores- Andrew Baumann; Kelly Bazhenow; Brandon Bronson; Daniel Corpus; Matthew Davis; Jordan Draminski; Nicholas Filzen; Kayla Fitzgerald; Samantha Gevas; Joshua Harken; Christina Holt; James Jordan; Kristina Kellington; Derik Marcussen; Ashley Matarelli; Molly McLuckie; Shelby Miller; Megan Murray; Patrick Oedewaldt; Laura Rasbury; Jillian Rebmann; Erin Redding; Ryan Schmidgall; Lora Schooley; Kari

Schroeder; William Scott; Douglas Small; Jessica Spuler; Casey Warren; Jennifer Wike; Yolanda Wright; Laura Young; Nicole Zook.

Juniors- Amanda Allison; Abigale Alsene; Michael Bisha; Michael Boyle; Tyler Bradley; Joseph Brignall; Amy Brodt; Brook Callahan; Tamara Clark; Samantha Cook; Nicholas Davis; Cole Dooley; Meghan Fisher; Ryan Flessner; Ashley Hampton; Amanda Handrich; Allison Hoogerwerf; Matthew Kurth; Marc Lofgren; Erica Mercer; Colleen Murray; Ashley Payne; Erin Pitzer; Rebekka Pogeman; Cara Risius; Ashley Ryan; Samantha Schaab; Tara Scherer; Linden Stear;

Nichole Tackett; Brianna Von Behren; Christina Wall; Theresa Wike.

Seniors- Elizabeth Beach; Linsey Beckman; Jennifer Bursott; Renae Burwell; Cameron Carmichael; Jeffrey Chitwood; Danielle Closen; Michelle Closen; Leslie Davenport; Christian Dunham; Nicholas Ellingsworth; Sarah Fulks; Megan Hasler; Melissa Kaufmann; Kendra Klein; Emily Miller; Trisha Moews; Lindsay Nelson; Anthony Oedewaldt; Chelsea Pierson; Travis Pruvost; Helena Sammis; Heather Scheer; Devon Schwindenhammer; Corey Shannon; Robyn Shope; Stephanie Sommer; Mei Tung; Melissa Wilson.



# In the spotlight

with  
Marlana Bussey

Most high school students are still undecided on what career they would like to pursue. While one thinks they would like to go into one field, he finds it is much different than what he thought. Mr. Doug Nafziger Administrative Assistant, is starting a new opportunity to get Limestone students "on the right track."

Nafziger is offering to take students on field trips to see what it takes to pursue a certain career. Nafziger is offering the program to only sophomores.

Nafziger alone proceeded this in steps. First he researched, on what other schools were doing before he started planning. Every sophomore received a short

survey asking about career plans. At first, he did not mention what the survey was for because he did not want kids to say the same thing that their friends were saying. He wanted them to take it seriously. From that, he made 11 categories of different fields that would be most common to the choices the sophomores made. He called businesses that would be suitable to take a field trip.

Naftzinger found that Velde Merc-ICC, Med. Tech.-ICC, Bergners, Proctor Hospital, Limestone Am. Hsp., WMBD, Multi Ad, Peoria Police, Oehrln, CAT, and CEFCU were interested in letting the sophomore gander around their facilities to see what it takes.

Later, he prepared permission slips to be returned to Naftzinger. He found that not as many permission slips came back as to the number of students that seemed interested at first. There was a deadline that the permission slips had to be in by and if the students did not meet that date they weren't allowed to go. "It was kind of a test," said Naftzinger, "because it really showed who really wanted to go and who it was not the really important to. I only want to take the kids who want to go." He was trying to prove a far better lesson when there is deadlines.

The main lesson from this program is to get the sophomores to "become interested," said Naftzinger.

After visiting Bergners and the desire to pursue in fashion, sophomore Ashley Wood says, "I learned how Bergners puts their goods on the floor. Sophomore Nathan Clark visited ICC Med. Tech. Building he describes Limestone should continue this program because, "Yes, its something cool to experience, and it gives you some exposure to your preferred profession," mentions Nathan Clark.

# Student Council Helps Needy

By Kim Nelson

In the 1960's Limestone's Student Council started handing out Thanksgiving baskets to people in the community who live in poverty. They average about 40 families a year. This year the baskets will be given out on November 23rd.

Megan Hasler, a senior representative, said, "The Thanksgiving baskets is one of the things I am looking forward to." Along with the baskets, the students distribute a card also. The cards are from first hour classes. For every \$15 the first hour classes donate, they get a card with all of their names on it.

People are overjoyed and grateful when they get their baskets. Each basket consists of a turkey and a large supply of can goods. Theresa Wike, a junior

representative, said, "When you hand the families their baskets, their faces light up, and some people even give you candy." Mr. Gordon

.....  
**"They are very grateful and surprised high school kids would take the time and effort to think of someone besides themselves."**  
.....

Wassell also mentioned."

The kids on Student Council are touched by doing this. They want to do it every year. Senior Jeff Chitwood, President of the Student Council, said, "It makes you realize how lucky you are to see what you have."

# The Fall Play Review

By Kelly Bazhenow

Is there a comic in the house? That was the question on everybody's mind at Limestone's fall play, *Is There a Comic in the House?* Sure there were, and plenty of them. The play centered around the lives of seven out of work stand-up comedians living together in a run down boarding house in New York.

The play opens with the introduction of the seven main characters: Laurel Filzen's confused Deliah, Nick Ellingsworth's patient Phil, Nic Filzen's smart-aleck Ed, Marc Lofgren's emotionally disturbed Zach, Nicole Zook's jilted Pepper, Sara Ray's drama-queen Gloria, and finally Samantha Schaab's eccentric Shotzie. They discuss bits of their lives and their frustrations about their lack of work. We also meet Terri(Carrie Sprague),

Shotzie's granddaughter and Terri's boyfriend Howard(Nick Davis).

The major story line centers around three robbers, Huey(Derick Marcussen), Dewey(Richard Carrillo), and Louise(Erin Holley) who stumble upon the boarding house with their debutante hostage(Emily Miller). The events that follow quickly make the robbers regret they ever set foot in the boarding house. An exciting game of Tag Line, an improvisation game, Huey's "I get to ride in a helicopter" dance, and a heated final scene that leaves Zach shot in arm, and forces the robbers to surrender. In the end, the Comedians are offered a television sitcom after a hidden camera records their acts.

*Is There a Comic in the House?* revolves around

stand-up comedy and often moved slow. The actors gave respectable performances, with additional voice overs by Kathy Kookan, Derick Pitzer, and Tony Pagan. Sophomore Lora Schooley summed up the play in saying, "I thought that Derick Marcussen was hilarious." His helicopter loving, slightly dense Huey stole the show.

**Visiting college representatives from ICC on December 16, 1999.**

# College Corner

## Scholarships

- Phi Delta Kappa Jan. 31, 2000
- SAE Engineering Dec. 1, 1999
- Washington Crossing Foundation Jan. 1, 2000
- C.M Wright Foundation Jan. 15, 2000

- John Bervin Dec. 31, 1999
- Educational Communications May 31, 2000
- Discover Card Jan. 11, 2000
- Cefcu Mar. 1, 2000
- AAA-Chicago Motor Club Dec. 31, 1999

*Everything the LCHS college bound student needs to know.*

# PLANNING FOR THE FUTURE?

See Us -

We Can Make It Happen!



# Bartonville Bank

The Better Bank Group

5600 SW Adams

1204 W. Garfield

Bartonville, IL 61607

Bartonville, IL 61607

(309) 697-2100

(309) 697-3800

Member FDIC

# Music News



## New Album Releases

10/26

**Alice In Chains**

*Music Bank*

**Master P**

*Only God Could Judge...*

**Stone Temple Pilots**

No. 4

**Rob Zombie**

*American Made Music*

11/2

**Mariah Carey**

*Rainbow*

**Danzig**

*6:66 Satans Child*

**Foo Fighters**

*There is nothing left to lose*

**Rage Against The Machine**

*The Battle of Los Angeles*

**Marcy Playground**

*Shapeshifter*

11/9

**The Doors**

*Recordings and Rarities*

**Fiona Apple**

*When the Pawn Hits...*

**Will Smith**

*Willenium*

11/16

**Beck**

*Midnight Vultures*

**Everlast**

*Today*

**Dr. Dre**

*Dr. Dre 2001*

**Marilyn Manson**

*The Last Tour on Earth*

**KORN**

*Issues*

11/23

**Beastie Boys**

*The Sounds of Science*

**Metallica**

*S&M w/San Fran Orch.*

**Jessica Simpson**

*Sweet Kisses*

**Dave Matthews Band**

*Listener Supported*

**Led Zeppelin**

*Best of Vol. 1*

**Alanis Morissette**

*Unplugged*

**NAS**

*Nastradamus*

**Third Eye Blind**

*Blue*

11/30

**Guns & Roses**

*Live Era 1987-93*

**Pink Floyd**

*The Wall Live*

## Out to Eat with Kelly & Christina



What comes to mind first when someone says Thanksgiving? Food, family, friends, and football is what comes to ours. Now imagine Thanksgiving without all of this. In all the festivities, those who are less fortunate and do not have these opportunities sometimes get overlooked. They rely on the kindness of others to make it through this tough holiday time.

Many kind people can be found spending their Thanksgiving volunteering in soup kitchens, missionaries, and other organizations. These are establishments that provide basic necessities, such as food and shelter, to those in need. Volunteers give up their time demonstrating the true Thanksgiving spirit.

Frank Winfrey, assistant to the director of Peoria's South Side Mission, said, "Nothing would be possible without our volunteers." The South Side Mission has about 700 volunteers to help with the Thanksgiving day meal. On Thanksgiving they serve a complete meal consisting

of turkey, dressing, gravy, green beans, mashed potatoes, cranberry sauce, a roll, and pumpkin pie, to about 1600 people. Those who receive the meal get it for free, but it costs the South Side Mission \$2700 per day to provide their services. Businesses donate what money they can, but it is up to the community to come up with the majority.

This Thanksgiving we encourage all of you to get in the holiday spirit and do something nice for someone else, whether it be helping out at your family's holiday meal or donating your time to serve your community. Your help is very much appreciated. Winfrey invites us or our parents at least one Thanksgiving to help out the Mission in whatever way you can. "It is a really rewarding experience. You get a sense that you are helping a lot of people."

If you are interested in volunteering at Peoria's South Side Mission, contact Frank Winfrey at 676-4604 or e-mail him at SSMission@Flink.com. "Don't wear your best clothes; we may put you on a project," Frank advises. Hope you all have a very happy Turkey Day!



## Limestone Band looks for new members

By Steve Kirkbride

Two student started a band. Sophomore Chad Day and Christian Dunham decided to start a band because they can play instruments and they love playing them. The two write their own music and do few cover songs during practice. Chad and Christian interchange instruments during practice. Dunham's specialty is the drums and Day is best on the guitar, but when the times call for it they can change. Also on a few of their songs they play only guitar and leave out the drums.

Dunham wanted to be in a band, "Because it is every little boys dream to be a rock star." The two met through Day's sister April and eventually got around to getting together. When they fused together they played many different styles of music. This is probably because they were influenced by a wide variety of bands such as: Elvis, Green day, Smashing

Pumpkins, Led Zeppelin, the Pixies, Jimi Hendri-x, and the Beetles.

Chad and Chris are looking for a singer and/or guitar player who is interested in the type of music stated above. If anyone is interested contact Day or Dunham for further information.

## New Cd Releases to Check Out



**Rage Against The Machine**

*The Battle of Los Angeles*

**Rage Against the Machine** exploded on the charts to number one with the recent release of *Battle of Los Angeles*.

This album, their third, is completely different and by far the best! Giving credit to previous albums, *Self-Titled* and *Evil Empire*, *Battle of Los Angeles* still has monster guitar rifs. Though this time the bass and drums contribute much more to this new sound, **Rage** has put into this album that fans were waiting to hear! "Guerilla Radio" is the band's current single holding a steady spot on charts and a four spot on Peoria's 99X Top 9 at 9:09. At one point in the song, it sounds like you are hearing a harmonica, but what you are hearing is some of Tom Morello's phat guitar skills. *Battle of Los Angeles* will hold a spot on charts for while because songs such as "Mic Check", "Testify", "Calm Life a Bomb", "Born of a Broken Man", and "Sleep Now in the Fire" are all single material. I encourage anyone who already like **Rage**, if you don't already have it, pick this album up now. For people who never liked or have not heard, pick this album up now. This is a new side of **Rage** and should be put in everyones list of favorite bands.

By Brad Clough



**311**

*Soundsystem*

The group **311** came out with a multi-platinum album back in 1996 and became big.

The Omaha based band is back with more. There newest album is titled, "Sound System," and its popularity has grown. The single "Come Original" has made **311** known as not just a one hit wonder. **311** has explored new areas of guitar on the song "Come Original."

The guitar solo on that song has a four guitar arrangement. Since their recent trip to Jamaica, the band has become interested in horns since no one in the band played that type of instrument. With that they discovered a way to play the guitars together to sound like horns. After about five years without having an album out(besides their Live album) **311** has come back with a bang. Nick Hexem, the guitarist and lead singer, stated in *Guitar One* magazine, "We just did it at out of Hive Studio in a few months, but we didn't know that it was going to be this big. We never thought it would be as big as it got and so fast." The album is inspired by the band's recent trip to Jamaica where they got in tough with their reggae, funk, punk, rock, rap style of playing. Critics and fans are saying good things about "Sound System" Sports November 23, 1999

By Chad Day



## Entertainment Event Calendar

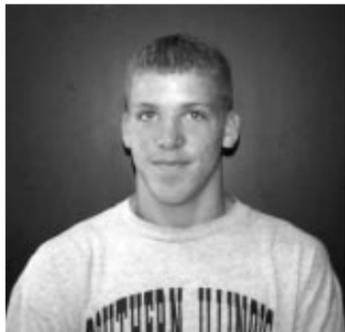
12/7	2 p.m. & 7:30 p.m.	White Christmas Fantasy Tribute to Santa and Bing
12/8		Bradley Braves vs. Johnstown Chief
12/10	7:30 p.m.	Riverman vs. Johnstown Chiefs
12/17-19		Peoria Area Civic Choral presents <i>An America Family Christmas</i>
12/17	7:30 p.m.	Riverman vs. Huntington Blizzard
12/18	12 p.m.-4 p.m.	River City Shootout '99
12/22	7:05 p.m.	Bradley Braves vs. SE Missouri State
11/26-28	7:30 p.m.	Sunday 2 p.m. Peoria Ballet presents the <i>Nutcracker</i>
11/30	7:30 p.m.	<i>Filter</i> with special guest <i>Drain STH</i> and <i>Simon Says</i> tickets \$20.00
11/30- 12/1	7:30 p.m.	<i>Cats</i>
12/2	7:30 p.m.	An Evening with Jim Brickman
12/3	9:30 a.m. & noon & 7 p.m.	A <i>Christmas Carol</i>
12/4		Dark Star Orchestra - Madison Theater
12/11	8 p.m.	Peoria Symphony Orchestra- <i>Winter Dreams</i>
12/17-19		Peoria Area Civic Chorale presents <i>An American Family Christmas</i>
12/18	8:00 p.m.	Riverman vs. Huntington Blizzard
12/28-29	3 p.m. & 7 p.m.	<i>Oops! The Big Apple Circus Stage Show</i>
12/28	7:00 p.m.	Riverman vs. Dayton Bombers

Shape  
Up  
With  
Doug  
Peterson  
Fall  
season

# Fall season recaps

By Ryan Closen

The varsity football team ended the season with a 1-5 conference record and a overall record of 2-7. Senior Kevin Stundon made first team All Conference, junior Johnny Sage made second team All Conference. Seniors Chris Wendelin and Tom Korth and sophomores Dan Corpus and Ben Curless earned Special Mention. Sophomores had a good season ending with a 5-1 conference record and a overall record of 8-1. The freshmen ended with a conference record of 1-5 and a overall record of 3-6



Weightlifting has been brought to a new level in Limestone sports. Many coaches have realized how important weightlifting has become. A large number of football players have discussed how difficult it is to gain weight. "During football season I constantly tried to make muscular gains, but it seemed impossible. What do I need to do to get the results I want?" asked Sophomore James Catalan.

This article will allow you to know the facts and secrets to get the muscles you have dreamed about.

For starters, eating habits are the main factors in building muscle. Conserving enough carbohydrates and protein daily is mandatory. You should split these nutrients throughout six meals a day. Anyone will

The varsity soccer team ended with a 0-7-1 conference record and a overall record of 2-16-2. Senior Justin Jones made first team All Conference and senior Jeff Chitwood made second team all conference. The Frosh/Soph. team ended the season with a conference record of 0-10 and a overall record of 1-12-1.

New coach Chuck Sanders lead the varsity girls tennis team to a 0-10 conference record and a overall record of 0-14. The Frosh/Soph. team finished with a conference record of 1-9 and a overall record of 1-14.

All the volleyball teams

finished with a good record. The varsity finished 7-7 in the conference and 10-12 overall. Senior Jennifer Mooney made first team All Conference, while senior Chelsea Pierson made second team all conference and senior Danielle St. Clair received Special Mention. The sophomore team finished with a conference record of 6-8 and a overall record of 8-12. The freshmen team finished 7-7 in the conference and 11-9 overall.

In cross-country new coach Stan Matheny lead the frosh/soph. boys to a 7-1 record and the varsity girls to a 0-8 record.

## LCCHS students take to the ice

### Suburban Outlaws practice for their upcoming season

By Jamie Emert

The Suburban Outlaws hockey team is working really hard on their playing this season. They have been practicing at Owens Ice Skating Center about once a week. The team is made mostly up of Limestone high school students. There are also some Metamora and Farmington high school students that play on the team.

They are coached by Bob Kilper. "He has helped us out quite a bit practice wise, all around pretty good coach," says sophomore Steven Kilper. The coaches are new this year, and they had to learn the new team. "They are doing well," says junior Troy Dice. They have two assistant coaches who are Kelly Presley and Frank Duryea. "Our coach is really cool; they don't make us skate much," states

junior Adam Crichton.

During a basic practice, they work for fifteen minutes of skating and conditioning, then they work on stick handling, followed with different types of drills.

The Suburban Outlaws, strongest skill is, "probably goalies and shooting," says Kilper. Dice thinks they are pretty good in, "the physical outlet like checking. We have some pretty big guys." According to Crichton, they are having a little trouble "playing our own positions." Kilper thinks they should work a little more on "passing and teamwork."

They will be competing at the end of the year, in the high school league. Dice predicts, "The junior varsity will do good; varsity should get in the top three."

## Shape Up

### With Doug Peterson

experience results within a twelve week plan designed by myself. This plan consists of three phases:

#### Weeks 1-4

##### Phase 1

Each day you will need one gram of protein and four grams of carbohydrates for each pound of your body weight. For example, a 150 pound person needs: 150 grams of protein and 600grams of carbohydrates, and for a workout, 5-6 sets of 10-12 repetitions.

Monday- Work the Chest, Back, and Shoulders  
Wednesday-Work the Traps, Tri-ceps, and Bi-ceps  
Friday-Work Legs, Forearms  
Saturday-Work Abs and Accessories

#### Weeks 5-8

##### Phase 2

Daily-1 1/2 grams protein/ 3grams carbohydrates Ex.

150 pound person needs: 225 grams of protein-450 grams of carbohydrates  
Workout 4 sets 1-12 reps/2-10 reps/3-8 reps/4-5 reps

#### Weeks 9-12

##### Phase 3

Daily-2 grams protein/3 grams carbohydrates  
Workout 2-3 sets 1-5 reps

"I can't imagine how I can get the needed amount of protein and carbohydrates each day," sophomore Matt Briggs stated. Getting the recommended amount isn't too tough if you drink power shakes, but to be on the safe side, eat foods that are highly packed with proteins and carbohydrates, such as soybean burgers, steak, pasta, skinless chicken, potatoes, Grape Nuts cereal, oatmeal, fruits, and tuna.



"Sweetness" himself, Walter Payton (1954-1999)

## Sad for Sweetness

### Sports fans bid farewell to Walter Payton

By Doug Peterson

#### Walter Payton 1954-1999

Walter Payton, nick-named "Sweetness," died recently of a cancer related illness and a rare liver ailment. The final public memorial service for Payton lasted for about two and a half hours at Jackson State University College, on campus. Over a crowd of 700 mourners visited this service. It was a sad day for many.

Payton went to school and played football for Jackson State from 1971 to 1974. "All of his goodness and greatness

started with his family," Bob Hill, his college coach, said Monday. "When he came to Jackson State, all we needed to do was gather him in; he was polished already."

Within his years of college football, Payton scored 464 points for JSV. Immediately after college, Payton started as running back for the Chicago Bears. Throughout his time in the NFL, he ran 110 rushing touchdowns, but that does not compare to the 16,726 yards he ran during

his career. Payton's glory days jumped to a new level in 1977 when he was chosen MVP.

"Jackson State rode him. Our team was in trouble and he lifted on program," Hill said. "Then the Bears rode him to the Super Bowl."

Payton left the NFL with eight untouched records. Sweetness may have been the best running back ever.

Though he may be gone forever, his memory will live on as one of the best running backs ever.

State Farm  
Insurance Companies  
**Dan Hordesky**

1304 West Garfield

Business Phone:  
(309) 697-9066

Home Phone:  
(309) 697-9265

